



Course & Session Number	IPHE 501 L01 & L02	Classroom	Online
Course Name	Interprofessional Practice in Mental Health		
Day(s) & Time	Zoom sessions every Thursday 4: 00 PM – 6:00 PM		
Instructor	Dr. Jeannette Waegemakers Schiff		
U of C E-mail	<a href="mailto:schiff@ucalgary.ca">schiff@ucalgary.ca</a>	U of C Phone	403-220-2212

#### **SYLLABUS STATEMENT**

This course will bring together senior undergraduate students from various helping professions to examine aspects of mental health care and delivery in an interprofessional context. This course will look at the complex array of treatments, programs and supports available in a Canadian context. It will also critically examine the ancillary issues of community care, community treatment orders, financial and housing supports and other support services that are required for community tenure for those with severe mental illness with and without co-occurring addictive disorders. While including a brief examination of pathologies, this course will not concentrate on the assessment and diagnosis of mental and substance abuse disorders.

#### **COURSE DESCRIPTION**

This course will examine contemporary issues in the assessment, diagnosis and treatment of mental health and include a focus on the complexities of co-occurring disorders. It will focus on identification, diagnosis and understanding of the complexity of issues facing individuals with mental health problems and/or addictions, their family members, and mental health care providers. Case studies will be used to demonstrate interprofessional practice and the link between research and practice. Zoom sessions will focus on providing interactive opportunities to discuss key issues raised in course readings.

A major goal of this course is to link theory to practice so that students are prepared to fill professional roles in the community in the area of mental health and addictions. The emphasis will be on evidence-based, interprofessional practice.

This course has no prerequisites. However, students are strongly urged to have taken a preliminary course in human development/behavior in the social environment prior to taking this course.

## COURSE LEARNING OUTCOMES

Upon completion of this course, students will be able to:

1. Understand the multiple aspects of mental health and addictions from diagnosis to treatment.
2. Develop skills in interprofessional practice that utilize best practices in interprofessional collaboration and treatment delivery and to be a component of preparation for students to assume service delivery roles in mental health and addictions settings.
3. Understand policy and services delivery issues that involve issues of accessibility, adequacy and advocacy for persons with mental health challenges.
4. Develop the following core competencies:
  - a) Critical thinking
  - b) Analysis of problems
  - c) Understanding of best, evidence-based, practices
  - d) Effective written and verbal communication in clinical contexts
  - e) Gathering and organizing information
  - f) Interpretive and assessment skills
  - g) Understanding of different professional roles and competencies
  - h) Interprofessional collaboration

This course focuses on the biological, social, and psychological determinants of mental health problems and their treatments, thus is multidisciplinary in nature. Diversity issues will also be considered throughout the course (e.g., culture, gender, age, etc.). Students may be exposed to presentations of individuals who are experiencing mental health problems and receiving treatment. Guest speakers may be invited to interact with students to discuss various topics including: the experiential aspects of mental illness, treatment alternatives, advocacy and policy issues, and challenges to meeting the needs of those with mental health problems. Class lectures and discussions will focus on methodological and conceptual issues in the mental health literature that showcase best practices. Students will also be expected incorporate relevant research literature in their assignments.

## LEARNING RESOURCES

### **REQUIRED TEXTBOOKS AND/OR READINGS**

Davis, S. (2014), *Community mental health in Canada: Theory, policy and practice* (2<sup>nd</sup> ed). University of British Columbia Press.

Dziegielewski, S. F. (2014). *DSM-5 in Action*. John Wiley & Sons.

## **LEARNING TECHNOLOGIES AND REQUIREMENTS**

A D2L site is set up for this course which contains required readings and other relevant class resources and materials. A laptop, desktop or mobile device with Internet access, microphone and speaker is required for D2L and Zoom access. Students are expected to be visible in the virtual classroom. No invisible, blank screen access accepted unless by prior permission from the instructor and due to internet accessibility issues

### **RELATIONSHIP TO OTHER COURSES**

This course build upon foundational knowledge acquired in courses related to mental health nursing, human behavior and the social environment, introductory and developmental psychology, and community rehabilitation practice

### **CLASS SCHEDULE**

<b>Dates</b>	<b>Topic</b>	<b>Readings</b>
Module 1  Sept 7 - 18  Zoom Online  Sept. 9 Sep 16  Thurs 4:00– 6:00 PM	Course overview <ul style="list-style-type: none"><li>• Interprofessional practice; a brief overview; What is IPP; IPP and teamwork</li><li>• Historical perspectives and contemporary issues; lingering effects of anti-institutional perspectives</li><li>• Key current issues: Stigma &amp; Recovery; controversies in etiology of mental disorders</li><li>• Mental health: the system, programs and key individuals involved in providing care; levels of care and intensity of care</li></ul> CLOS # 1,2,3,4.	Davis, Community Mental Health in Canada, Ch.1, 2 Canadian issues: <a href="https://www.mentalhealthcommission.ca/sites/default/files/Informing%252520the%252520Future%252520-%252520Mental%252520Health%252520Indicators%252520for%252520Canada_0.pdf">https://www.mentalhealthcommission.ca/sites/default/files/Informing%252520the%252520Future%252520-%252520Mental%252520Health%252520Indicators%252520for%252520Canada_0.pdf</a>  Interprofessional Practice Reading on D2L  Determinants of mental health: Reading on D2L  Recovery: <a href="https://www.youtube.com/watch?v=caO8lFXbgRc">https://www.youtube.com/watch?v=caO8lFXbgRc</a>
<b>Assignment one due Sept 18</b>		

Module 2 Sept 19 – Oct 9  Zoom Online  Sept. 23 Oct. 7  Thurs 4:00– 6:00 PM	Signs and Symptoms of Mental Illness The major mental disorders: Mood disorders, Depression and Anxiety: Assessment and treatment; perspectives of different professions CLOS # 1,2,3,4.	Dziegielewski, Ch. 2,3,6,7.  Videos: Anxiety: <a href="https://www.youtube.com/watch?v=li2FHbtVJzc">https://www.youtube.com/watch?v=li2FHbtVJzc</a>  Depression: <a href="https://www.youtube.com/watch?v=4YhpWZCdiZc">https://www.youtube.com/watch?v=4YhpWZCdiZc</a>
Module 3 Oct 10 – Oct 23  Zoom Oct 14 Oct 21  Thurs 4:00– 6:00 PM	The major mental disorders – Psychoses: Assessment and treatment: perspectives of different professions Co-occurring addictions: the interaction of mental disorders and substance use/abuse CLOS # 1,2,3,4.	Dziegielewski, Ch. 5 Davis p. 3-35, 257-63  Psychosis <a href="https://www.youtube.com/watch?v=ZB28gfSmz1Y">https://www.youtube.com/watch?v=ZB28gfSmz1Y</a>  Davis p. 31-35, 257-63
<p style="text-align: center;"><b>Mid-term assignment available October 22 Due 11:30 PM October 24</b></p>		
Module 4  Oct 24 – Nov 6  Zoom online  Oct 28 Nov 4	Personality disorders, autism spectrum disorders, FASD and acquired brain injury (ABI) and other disorders of interest Disorders in the elderly, Mental disorders in cultural contexts: indigenous issues, issues with immigrant and refugee people; cultural manifestations of different disorders.  CLOS # 1,2,3,4.	Dziegielewski, Ch. 13 Davis, Ch. 6, 14, 15, 16 Narcissistic personality: <a href="https://www.youtube.com/watch?v=cwfm4PSMqLE">https://www.youtube.com/watch?v=cwfm4PSMqLE</a> ;  Borderline personality: <a href="https://www.youtube.com/watch?v=jQgkVKGqBCE">https://www.youtube.com/watch?v=jQgkVKGqBCE</a>
<p style="text-align: center;">Mid-term break Nov 7 – 13</p>		
Module 5  Nov 7– 27  Zoom online	Trauma as a mental health problem: Definitions and various types of trauma Treating trauma and trauma-informed treatment	Dziegielewski, Ch. 3  PTSD <a href="https://www.youtube.com/watch?v=FGK-zisfHEE">https://www.youtube.com/watch?v=FGK-zisfHEE</a>

Nov 18 Nov 25  Thurs 4:00– 6:00 PM	Implications for assessment and intervention  IPP and treatment assignments; Principles of teamwork and interprofessional practice in various settings  CLOS # 1,2,3,4.	Van der Kolk: Childhood Trauma, Affect Regulation, and Borderline Personality Disorder <a href="https://www.youtube.com/watch?v=N2NTADxDuhA">https://www.youtube.com/watch?v=N2NTADxDuhA</a>  Van der Kolk. The Body Keeps Score: <a href="https://www.youtube.com/watch?v=53RX2ESlqsM&amp;t=2278s">https://www.youtube.com/watch?v=53RX2ESlqsM&amp;t=2278s</a>  IPE: <a href="https://www.youtube.com/watch?v=34ZJE_rQ4is">https://www.youtube.com/watch?v=34ZJE_rQ4is</a>
Module 6 Nov 28 – Dec 9  Zoom online Dec 2 Dec 9  Thurs 4:00– 6:00 PM	Problems ancillary to serious mental illness Issues of disability, income, housing and supports. Mental health and the law. Homelessness and the mentally ill Caregiver roles, conflicts and burdens  CLOS # 1,2,3,4.	Davis Ch. 7, 12, 13, 17  Justice issues:  <a href="https://www.youtube.com/watch?v=NwQa3Y2f3es">https://www.youtube.com/watch?v=NwQa3Y2f3es</a>
<b>FINAL assignment available Dec. 10 Due: 11:30 PM Dec 12</b>		

- Please note important dates for Fall 2021:
  - Start of Classes: Tuesday, September 7, 2021
  - Truth and Reconciliation Day September 30
  - Thanksgiving Day: Monday, October 11, 2021
  - Remembrance Day: Thursday, November 11, 2021
  - Term Break, no classes: Sunday – Saturday, November 7-13, 2021
  - Last class December 8
  - Add/Drop/Swap and Withdraw deadlines: Check the Student Centre

#### **ADDITIONAL CLASSROOM CONDUCT AND RELATED INFORMATION**

#### **EQUITY, DIVERSITY, INCLUSION AND RECONCILIATION**

The Faculty of Social Work (FSW) is committed to promoting and actualizing equity, diversity, inclusion and reconciliation. We affirm that diversity and differences are enriching and valuable, and that they can strengthen our teaching, learning, research, and community connections. We aim to foster an inclusive, thriving environment for our students, staff, postdoctoral fellows, and community members. We acknowledge systemic inequities and compounded disadvantages due to intersectionality of social locations particularly for those who are members of the racialized, Indigenous peoples, disability and

2SLGBTQ+ communities, as well as those who have experienced socioeconomic, caregiving, religious, cultural barriers to their education. We recognize, honour and integrate into our work diverse perspectives, experiences, and strengths. <https://socialwork.ucalgary.ca/about/about-faculty/equity-diversity-and-inclusion>

### **GUIDELINES FOR ZOOM SESSIONS IN ONLINE CLASSES**

Students are expected to participate actively in all Zoom sessions. If you are unable to attend a Zoom session, please contact your instructor to arrange an alternative activity for the missed session (e.g., to review a recorded session) for your best learning experiences. Please be prepared, as best as you are able, to join class in a quiet space that will allow you to be fully present and engaged in Zoom sessions. Students will be advised by their instructor when they are expected, if they are able, to turn on their webcam (for group work, presentations, etc.). All students are expected to behave in a professional manner during the session.

### **ASSESSMENT COMPONENTS**

#### **Assignment 1: Reflective discussion of Stigma questionnaire**

**Grade value: 20% of final grade Due: Sept. 14**

Reflection on stigma in mental health. Each student is required to complete an assigned stigma assessment tool and then, to write a summary of the personal experiences and professional, academic reflections. The summary may include both personal and common society level beliefs and attitudes. Length: 750 words. Please post this in the D2L dropbox **and** post two or three salient paragraphs from this in the discussion section of D2L.

This assignment addresses Course Learning Outcomes: 1, 3, 4.

#### **Assignment 2. Participation in Zoom and discussion board. Due: Bi- weekly.**

**Grade value: 20% of final grade.**

Participation in Zoom sessions and online discussions are an important part of your learning. Effective learning includes active participation in class discussions of current material. All students are expected to be present for Zoom real-time presentations and to contribute to meaningful discussion of issues relevant to each module as well as to questions posted on the discussion board.

1. Each student will be assigned to a study group
2. Each group will decide which member will represent a specific mental health profession. That will be the professional identification used for the rest of the semester
3. Bi- weekly meetings during class time to discuss assigned topics.

Note taking and recoding will circulate among group members. Each person to have one week assigned. Assignment roster to be completed week one and a copy sent to the instructor. Topics for the semester will be posted on D2L.

Each week one person will take responsibility to summarize group discussion and place this summary in the discussion section of the D2L. Summaries to be about 500 words.

Grades for participation will include your Zoom attendance discussion group, posting and participation in the D2L discussion board.

**Assignment 3: Take home exam. Due October 24 11:30 PM**

**Grade value: 30% of final grade.**

The mid-term exam is a take-home exam that will cover the material presented in the first half of the course. Please note: this assignment is time sensitive and late submissions will NOT be accepted. This assignment addresses. This assignment addresses Course Learning Outcome: 1, 2, 3, 4

**Assignment 4: Take home exam. Due Dec 12, 11:30 PM**

**Grade value: 30% of final grade.**

The end of term take home exam will cover the material presented in the entire course but will focus more specifically on material in the second half of the course. Please note: this assignment is time sensitive and late submissions will NOT be accepted.

This assignment addresses Course Learning Outcomes: 1, 2, 3, 4

**ADDITIONAL ASSESSMENT AND EVALUATION INFORMATION**

**ATTENDANCE AND PARTICIPATION EXPECTATIONS**

Participation will include Zoom sessions, as well as reading and meaningful replies to discussion board postings in addition to those assigned as part of assignment 2.

Students are expected to attend scheduled Zoom sessions and to be fully present and engaged in class activities and discussions, with webcams activated. This is part of the participation grade, as outlined in the assessment components section above.

Students who miss a class will submit a 500 word essay relevant to the content discussed at that Zoom session. The focus of the essay will be determined by the instructor.

**GUIDELINES FOR SUBMITTING ASSIGNMENTS**

Please submit all assignments electronically through your respective drop box in D2L. Assignments must be submitted in Word format. Assignments should have a cover page that includes a file name as follows: "Full name and assignment number" (e.g., Jane Smith Assignment 2). **Assignments are due before midnight on their due date.** Please note that it is the student's responsibility to keep a copy of each submitted assignment and to ensure that the proper version is submitted.

### **LATE ASSIGNMENTS**

Late assignments will be accepted only in exceptional circumstances and at the discretion of the instructor, and **must be pre-approved** unless there are mitigating circumstances. Assignments submitted after the deadline and without approval, will be penalized with a 3 point grade reduction on the assignment for each day after the submission deadline.

### **EXPECTATIONS FOR WRITING**

Writing quality is a component of all written assignments, including exams. All assignments will be assessed partly on writing skills. Writing skills include not only surface correctness (grammar, punctuation, sentence structure, etc.) but also general clarity and organization as well as demonstration of critical thinking. Sources used be academic, must be properly documented and referenced in APA version 7 format. If you need writing support, please connect with the Student Success Centre, at: <https://www.ucalgary.ca/student-services/student-success/writing-support>

### **ACADEMIC MISCONDUCT**

It is expected that all work submitted in assignments is the student's own work, written expressly by the student for this particular course. Students are not allowed to collaborate with other about exam questions or answers. Students are reminded that academic misconduct, including plagiarism, has serious consequences, as set out in the University Calendar:

<http://www.ucalgary.ca/pubs/calendar/current/k.html>

## **GRADING**

A student's final grade for the course is the sum of the separate assignments. It is not necessary to pass each assignment separately in order to pass the course.

The University of Calgary **Undergraduate Grading System** and Faculty of Social Work Percentage Conversion will be used.

Grade	Grade Point	Description	Percentage Range
A+	4.0	Outstanding	95 - 100
A	4.0	Excellent – superior performance, showing comprehensive understanding of subject matter	95 – 100
A-	3.7		90 – 94
B+	3.3		85 – 89
B	3.0	Good – clearly above average performance with knowledge of subject matter generally complete	80 – 84
B-	2.7		75 – 79
C+	2.3		70 – 74
C	2.0	Satisfactory – basic understanding of subject matter	65 – 69



C-	1.7		60 – 64
D+	1.3		55 – 59
D	1.0	Minimal Pass – marginal performance	50 – 54
F	0.0	Fail – unsatisfactory performance or failure to meet course requirements	Below 50

## **COURSE EVALUATION**

Student feedback will be sought at the end of the course through the standard University and Faculty of Social Work course evaluation forms. Students are welcome to discuss the process and content of the course at any time with the instructor.

## **ADDITIONAL SUGGESTED READINGS**

See D2L site for additional readings

## **UNIVERSITY OF CALGARY POLICIES AND SUPPORTS**

### **PROFESSIONAL CONDUCT**

As members of the University community, students and staff are expected to demonstrate conduct that is consistent with the University of Calgary Calendar

<http://www.ucalgary.ca/pubs/calendar/current/k.html>

Students and staff are also expected to demonstrate professional behaviour in class that promotes and maintains a positive and productive learning environment. Consistent with the aims of the Social Work Program and the University of Calgary, all students and staff are expected to respect, appreciate, and encourage expression of diverse world views and perspectives; to offer their fellow community members unconditional respect and constructive feedback; and to contribute to building learning communities that promote individual and collective professional and personal growth. While critical thought and debate is valued in response to concepts and opinions shared in class, feedback must always be focused on the ideas or opinions shared and not on the person who has stated them.

Students and staff are expected to model behaviour in class that is consistent with our professional values and ethics, as outlined in the Canadian Association for Social Workers, Code of Ethics (2005) and the Alberta College of Social Work Standards of Practice (2019). Both can be found online at:

<https://acsw.ab.ca/site/practice-resources?nav=sidebar>

### **ACADEMIC ACCOMMODATION**

It is the student's responsibility to request academic accommodations according to the University policies and procedures. Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services (SAS). SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available <https://ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Accommodation-Policy.pdf>

## **RESEARCH ETHICS**

"If a student is interested in undertaking an assignment that will involve collecting information from members of the public, they should speak with the course instructor and consult the CFREB Ethics Website (<http://www.ucalgary.ca/research/researchers/ethics-compliance/cfreb>) before beginning the assignment.

## **ACADEMIC MISCONDUCT**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

## **INSTRUCTOR INTELLECTUAL PROPERTY**

Course materials created by professor(s) (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

## **COPYRIGHT LEGISLATION**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (<https://ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Acceptable-Use-of-Material-Protected-by-Copyright-Policy.pdf>) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorised sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

## **FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.

## **SEXUAL AND GENDER-BASED VIOLENCE POLICY**

The University recognizes that all members of the University Community should be able to learn, work, teach and live in an environment where they are free from harassment, discrimination, and violence. The University of Calgary's sexual violence policy guides us in how we respond to incidents of sexual violence, including supports available to those who have experienced or witnessed sexual violence, or those who are alleged to have committed sexual violence. It provides clear response procedures and timelines, defines complex concepts, and addresses incidents that occur off-campus in certain circumstances. Please see the policy available at

<https://www.ucalgary.ca/legal-services/university-policies-procedures/sexual-and-gender-based-violence-policy>

## **OTHER IMPORTANT INFORMATION**

Please visit the Registrar's website at: <https://www.ucalgary.ca/registrar/registration/course-outlines> for additional important information on the following:

- Wellness and Mental Health Resources
- Student Success
- Student Ombuds Office
- Student Union (SU) Information
- Graduate Students' Association (GSA) Information