



Course & Session Number	SOWK 361 S06	Classroom	Online
Course Name	Professional Use of Self		
Day(s) & Time	<p>Live Zoom Sessions:</p> <p>Sept 9th - 9:00- 10:00 am</p> <p>Sept 23rd - 9:00- 10:00 am</p> <p>Oct 7th - 9:00- 10:00 am</p> <p>Oct 14th - 9:00- 10:00 am</p> <p>Oct 28th - 9:00- 10:00 am</p> <p>Nov 4th - 9:00- 10:00 am</p> <p>Nov 25th - 9:00- 10:00 am</p> <p>Dec 9th -9:00-10:00 am</p> <p>Office Hours available before and after these class times for students needing assistance. Outside of these times, or if you prefer a private session, please email me to set up a time.</p>		
Instructor	Krista Osborne RCSW, MSW		
U of C E-mail	krista.osborne@ucalgary.ca	U of C Phone	Please connect via email

SYLLABUS STATEMENT

Focuses on the examination and integration of theoretical and practical understandings of professional social work practice. Topics covered include critical thinking, ethical decision-making, knowledge of the associations to which social work professionals belong, professional writing, and self-care.

COURSE DESCRIPTION

Over the duration of this course, students will be introduced to foundational social work values, ethical decision-making models, self-care frameworks and techniques, and professional writing. Through the student's progression of readings, seminars, peer discussions, learning exercises and assignments students will gain competence in their understanding and use of the Canadian Association of Social Workers Code of Ethics and Guidelines for Ethical Practice as well as the Alberta College of Social

Workers Standards of Practice. Self-care techniques will be explored as an essential tool for emerging and practicing social workers.

This course will be conducted exclusively online through synchronous and asynchronous classes. There are no pre-requisites or co-requisites for this course.

COURSE LEARNING OUTCOMES

At the completion of SOWK 361, students will be able to demonstrate competence in:

1. Understanding and applying the Canadian Association of Social worker's Code of Ethics and Guidelines for Ethical Practice and the Alberta College of Social Workers Standards of Practice to case studies.
2. Applying critical thinking skills to practice situation.
3. Analyzing ethical issues in social work practice and responding to ethical dilemmas through using various decision-making model.
4. Understanding what it means to be a 'professional' in social work practice.
5. Understanding the role and importance of self-care for the practitioner and as a necessity for competent and ethical practice.
6. Written communication (hard copy and electronic) as a necessary element of competent social work practice in the 21st century.

LEARNING RESOURCES

REQUIRED TEXTBOOKS AND/OR READINGS

Dolgoff, R., Harrington, D., & Loewenberg, F. (2012). *Ethical decisions for social work practice* (9th ed.). Books/Cole.

Recommended textbook:

Healey, K., & Mulholland, J. (2019). *Writing Skills for Social Workers* (3rd ed.) SAGE Publications.

LEARNING TECHNOLOGIES AND REQUIREMENTS

A D2L site is set up for this course which contains required readings and other relevant class resources and materials. A laptop, desktop or mobile device with Internet access, microphone and speaker is required for D2L and Zoom access.

RELATIONSHIP TO OTHER COURSES

SOWK 361 is a required course for third year social work students in the BSW program. This course consists of three key aspects of social work competencies: social work ethics, professional writing, and self-care. Each competency is intended to contribute foundational knowledge and strategies for students to apply throughout their BSW program.

CLASS SCHEDULE

Dates	Topics	Readings/ Due Dates
Sept. 9 th LIVE ZOOM- 9:00-10:00am	Introduction to the course What is professional helping? <ul style="list-style-type: none"> • Overview of Health Professions Act, Code of Ethics, Standards of Practice, Regulation 	Read Course outlines Watch Introductory Video and Video on Course Assignments Dolgoff, Harrington & Loewenberg (2009). Chapters 1, 2,
Sept. 16 th <i>Asynchronous</i>	Compassion Satisfaction. Compassion Fatigue. Self-care and community care in social work	Discussion Board Post on Self-Care due
Sept. 16 th Last day to drop class without financial penalty		
Sept. 17 th Last day to add swap course		
Sept. 23 rd LIVE ZOOM 9:00-10:00am	Historical oppression in SW <ul style="list-style-type: none"> • Critical Thinking, Supervision and Reflection 	Discussion Board Responses on Self-care Due Dolgoff, Harrington & Loewenberg (2009). Chapters 3 & 4
Sept. 30 th National Day for Truth and Reconciliation (No Classes)		
Oct. 7 th LIVE ZOOM 9:00-10:00am	Ethical Dilemmas in Professional Practice <ul style="list-style-type: none"> • Working on Group Presentations 	Dolgoff, Harrington & Loewenberg (2009). Chapters 5, 6, 7, 8, 9
Oct. 14 th <i>Asynchronous</i>	Ethical Dilemmas in Professional Practice <ul style="list-style-type: none"> • Watch Group Presentations • Respond to at least 2 other groups presentations in the discussion board. 	Group Presentation Posted
Oct 21 st LIVE ZOOM 9:00-10:00am	Social Work Ethics in Organizations Social Work with Selected Client Groups	Dolgoff, Harrington & Loewenberg (2009). Chapters 10 & 11 Discussion Board Responses on Group Presentations Due
Oct. 28 th <i>Asynchronous</i>	Changing World and Changing Dilemmas Whose Responsibility is Professional Ethics?	Dolgoff, Harrington & Loewenberg (2009). Chapters 12 & 13
Nov. 4 th LIVE ZOOM 9:00-10:00am	Writing Workshop <ul style="list-style-type: none"> • Small group work on Final Research Paper. • Pre-recorded Video Lectures (Essay writing, Note taking and digital record keeping) 	Please bring an outline of your Research Paper to class.
Fall Break November 7 th -13 th No classes		
Nov. 18 th <i>Asynchronous</i>	<ul style="list-style-type: none"> • Watch Group Presentations • Respond to at least 2 other groups presentations in the discussion board. 	Case Review Posted
Nov 25 th LIVE ZOOM 9:00-10:00am	Non-western Approaches to Helping Walking in two worlds	Discussion Board Responses on Case Reviews Due
Dec 2 nd	Non-western Approaches to Helping	

Asynchronous	Walking in two worlds (Asynchronous learning)	
Dec 9 th LIVE ZOOM 9:00-10:00am	Wrap up	Research Paper due
Dec. 9 th Last day to Withdraw from course		

Please note important dates for Fall 2021

- Block Week: Monday, August 30 to Friday, September 3, 2021
- Labour Day, Monday, September 6, 2021
- Start of Classes: Tuesday, September 7, 2021
- National Day of Truth and Reconciliation: Thursday, September 30, 2021 (no classes)
- Thanksgiving Day: Monday, October 11, 2021
- Remembrance Day: Thursday, November 11, 2021
- Term Break: No classes from Sunday, November 7 to Saturday, November 13, 2021
- Last Day of Classes: Thursday, December 9, 2021
- End of Term: Friday, December 24, 2021
- Add/Drop/Swap and Withdraw deadlines: Check the Student Centre

ADDITIONAL CLASSROOM CONDUCT AND RELATED INFORMATION

EQUITY, DIVERSITY, INCLUSION AND RECONCILIATION

The Faculty of Social Work (FSW) is committed to promoting and actualizing equity, diversity, inclusion and reconciliation. We affirm that diversity and differences are enriching and valuable, and that they can strengthen our teaching, learning, research, and community connections. We aim to foster an inclusive, thriving environment for our students, staff, postdoctoral fellows, and community members. We acknowledge systemic inequities and compounded disadvantages due to intersectionality of social locations particularly for those who are members of the racialized, Indigenous peoples, disability and 2SLGBTQ+ communities, as well as those who have experienced socioeconomic, caregiving, religious, cultural barriers to their education. We recognize, honour and integrate into our work diverse perspectives, experiences, and strengths. <https://socialwork.ucalgary.ca/about/about-faculty/equity-diversity-and-inclusion>

GUIDELINES FOR ZOOM SESSIONS IN ONLINE CLASSES

Students are expected to participate actively in all Zoom sessions. If you are unable to attend a Zoom session, please contact your instructor to arrange an alternative activity for the missed session (e.g., to review a recorded session) for your best learning experiences. Please be prepared, as best as you are able, to join class in a quiet space that will allow you to be fully present and engaged in Zoom sessions. Students will be advised by their instructor when they are expected, if they are able, to turn on their webcam (for group work, presentations, etc.). All students are expected to behave in a professional manner during the session.

ZOOM RECORDINGS OF ONLINE CLASSES

The instructor may record online Zoom class sessions for the purposes of supporting student learning in this class – such as making the recording available for review of the session or for students who miss a session. Students will be advised before the instructor initiates a recording of a Zoom session. These recordings will be used to support student learning only and will not be shared or used for any other purpose.

ASSESSMENT COMPONENTS

Assignment 1: Group Presentation (20%) – Due October 14 by 11:59pm

Aligned Course Learning Outcomes: 1, 2, 3, 4, 6

Assignment Description: Students will be assigned into small groups to develop an expertise one of the following areas of professional practice:

- Client’s Rights and Professional Expertise
- Value neutrality and Imposing Values
- Professional Relationships
- Confidentiality, Informed Consent and Duty to Protect
- Social justice, Limited Resources and Advocacy

Each group will develop a brief digital presentation and post it on D2L using PowerPoint, audio recording, Yuja, Zoom or other digital presentation software to present on their topic area. Presentation will include:

- Core concepts of their topic area as discussed in the textbook.
- Connect the topic directly to Canadian Association of Social worker’s Code of Ethics and/or Guidelines for Ethical Practice and/or the Alberta College of Social Workers Standards of Practice to case studies.
- Use case examples to demonstrate the importance of the topic in practice.
- Incorporate at least 5 academic journal articles that help support the case and/or topic.

Presentations should take no longer than 20 min to view.

Assessment Criteria: Assessment rubrics will be provided in_class/posted on D2L.

Assignment 2: Case Review (20%) - Due: November 18th by 11:59pm

Aligned Course Learning Outcomes: 1, 2, 3, 4, 6

Assignment Description: Students “experts” will be reassigned into small groups so that each group has expertise in the topic areas discussed in Assignment 1. These new groups will be assigned a Case Scenario by the instructor in which the group will analyse the case and develop a brief digital presentation and post it on D2L using PowerPoint, audio recording, Yuja, Zoom or other digital presentation software to present on their topic area.

Presentation will include:

- A case conceptualization using the core concepts of their topic areas as discussed in the textbook and presented in Assignment 1.
- Connect the topic directly to Canadian Association of Social worker's Code of Ethics and/or Guidelines for Ethical Practice and/or the Alberta College of Social Workers Standards of Practice to case studies.
- Develop a plan or approach to manage this ethical concern in professional practice.
- Incorporate at least 5 academic journal articles that help support the case and/or topic.

Presentations should take no longer than 20 min to view.

Assessment Criteria: Assessment rubrics will be provided in_class/posted on D2L.

Assignment 3: Reflective Writing Assignments (20%) – See schedule for Due dates

Aligned Course Learning Outcomes: 2, 3, 4, 5, 6

Assignment Description:

Students will reflect on a variety of topics covered in class. Students will use guidelines for reflective writing as provided on D2L and discussed in class to compose a self-reflection on the topic. Reflections should be no longer than 500 words. References are not required but should be properly referenced using APA if used.

Reflections will cover the following content:

1. Reflection on Self-Care (5%) Due: September 16th by 11:59pm

In small, assigned groups, students will complete some self-care inventories provided on D2L and will reflect on the process of completing this assignment. Students do not need to share specifics related to their assessments but rather comments on self-care in general and their thinking about how this applies to their professional/personal lives.

2. Responses to Other Students Self-Care Posts (5%) Due: September 23rd by 11:59pm

Students will comment on all other students' reflections on self-care in their small groups. Responses should be empathetic, supportive and demonstrate the student's ability to provide encouragement and growth in others.

3. Reflection on Group Presentations (5%) Due: October 21st by 11:59pm

Students will watch all other student group's presentations. Students will then comment on at least 2 other group presentations. Responses should be respectful, show critical thinking and demonstrate the understanding of linkages between the presentations

4. Reflection on Case Studies (5%) Due: November 25th by 11:59pm

Students will watch all other student group's case studies. Students will then comment on at least 2 other case studies. Responses should be respectful, show critical thinking and demonstrate the understanding of linkages between the presentations.

Assessment Criteria: Assessment rubrics will be provided in_class/posted on D2L.

Assignment 4: Ethics Research Paper (30%) - Due: December 9th by 11:59pm

Aligned Course Learning Outcomes: 1, 2, 3, 4, 6

Assignment Description: Students can choose a research topic of related to the course material. Students will write a formal research paper including an introduction, thesis/ research question, and conclusion. Students should frame the paper in a traditional academic writing format with a well-supported argument and appropriate research. There should be no less than 8 research articles referenced in the paper and the articles should be no older than 10 years old and from a recognized academic source. All papers will be graded on APA 7th edition formatting.

Possible topics could include:

- Self-Care vs Community Care
- Different Ethical Frameworks/ theories covered in your textbook.
- Indigenous World view and connection (or lack of) to Social Work Ethics
- Ethical considerations with select client groups
- Ethical considerations in mandated practice settings
- Ethics in International Social Work
- Any other topic discussed with Instructor in advance

Assessment Criteria: Assessment rubrics will be provided in_class/posted on D2L.

Assignment 5: Participation (10%)

Due: Ongoing

Aligned Course Learning Outcomes: 1, 2, 3, 4, 5

Assignment Description:

Students are expected to participate in class through regular attendance, critically reading and analyzing the readings, sharing experiences and ideas, asking meaningful questions, responding to issues raised by their peers and engaging in classroom and small group discussion. Active involvement in class activities and discussion is required in this course in order to facilitate the learning not only of theoretical and applied material but also to engage in a transformative learning process. When, due to certain circumstances such as illness, family emergency or other medical issue, students will not be able to attend class, please contact instructor prior to the class time.

Assessment Criteria: Assessment rubrics will be provided in_class/posted on D2L. Student will submit a self-assessment of their participation based on this rubric to inform this assessment.

ADDITIONAL ASSESSMENT AND EVALUATION INFORMATION

ATTENDANCE AND PARTICIPATION EXPECTATIONS

Students are expected to be fully present and engaged in each class activities and discussions. If a student must miss a synchronous class, it is the student's responsibility to catch up on discussions, notes and other information through other classmates and/or D2L. All class PowerPoints, videos, reading and other material will be posted on D2L. If classes are conducted virtually, Zoom sessions will be recorded when appropriate for lecture material but some class discussion may not be recorded due to confidentiality concerns of other students.

GUIDELINES FOR SUBMITTING ASSIGNMENTS

Please submit all assignments electronically through their respective Dropbox in D2L. Assignments may be submitted in Word or PDF format. Assignments should have a file name as follows: "Full name and assignment number" (e.g., Jane Smith Assignment 2). Assignments are due by 11:59pm on their due date. Please note that it is the student's responsibility to keep a copy of each submitted assignment and to ensure that the proper version is submitted.

LATE ASSIGNMENTS

Assignments submitted after the deadline may be penalized with a grade reduction unless specifically arranged prior to the due date with the instructor.

EXPECTATIONS FOR WRITING

All assignments will be assessed partly on writing skills. Writing skills include not only surface correctness (grammar, punctuation, sentence structure, etc.) but also general clarity and organization. Sources used in research papers must be properly documented and referenced in APA 7th edition format.

If you need writing support, please connect with the Student Success Centre, at:
<https://www.ucalgary.ca/student-services/student-success/writing-support>

ACADEMIC MISCONDUCT

It is expected that all work submitted in assignments is the student's own work, written expressly by the student for this particular course. Students are reminded that academic misconduct, including plagiarism, has serious consequences, as set out in the University Calendar:
<http://www.ucalgary.ca/pubs/calendar/current/k.html>

GRADING

A student's final grade for the course is the sum of the separate assignments. It is not necessary to pass each assignment separately in order to pass the course.

The University of Calgary **Undergraduate Grading System** and Faculty of Social Work Percentage Conversion will be used.

Grade	Grade Point	Description	Percentage Range
A+	4.0	Outstanding	95 - 100
A	4.0	Excellent – superior performance, showing comprehensive understanding of subject matter	95 – 100
A-	3.7		90 – 94
B+	3.3		85 – 89
B	3.0	Good – clearly above average performance with knowledge of subject matter generally complete	80 – 84
B-	2.7		75 – 79
C+	2.3		70 – 74
C	2.0	Satisfactory – basic understanding of subject matter	65 – 69
C-	1.7		60 – 64
D+	1.3		55 – 59
D	1.0	Minimal Pass – marginal performance	50 – 54
F	0.0	Fail – unsatisfactory performance or failure to meet course requirements	Below 50

COURSE EVALUATION

Student feedback will be sought at the end of the course through the standard University and Faculty of Social Work course evaluation forms. Students are welcome to discuss the process and content of the course at any time with the instructor.

UNIVERSITY OF CALGARY POLICIES AND SUPPORTS

PROFESSIONAL CONDUCT

As members of the University community, students and staff are expected to demonstrate conduct that is consistent with the University of Calgary Calendar

<http://www.ucalgary.ca/pubs/calendar/current/k.html>

Students and staff are also expected to demonstrate professional behaviour in class that promotes and maintains a positive and productive learning environment. Consistent with the aims of the Social Work Program and the University of Calgary, all students and staff are expected to respect, appreciate, and encourage expression of diverse world views and perspectives; to offer their fellow community members unconditional respect and constructive feedback; and to contribute to building learning communities that promote individual and collective professional and personal growth. While critical thought and debate is valued in response to concepts and opinions shared in class, feedback must always be focused on the ideas or opinions shared and not on the person who has stated them.

Students and staff are expected to model behaviour in class that is consistent with our professional values and ethics, as outlined in the Canadian Association for Social Workers, Code of Ethics (2005) and the Alberta College of Social Work Standards of Practice (2019). Both can be found online at:

<https://acsw.ab.ca/site/practice-resources?nav=sidebar>

ACADEMIC ACCOMMODATION

It is the student's responsibility to request academic accommodations according to the University policies and procedures. Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services (SAS). SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available <https://ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Accommodation-Policy.pdf>

RESEARCH ETHICS

"If a student is interested in undertaking an assignment that will involve collecting information from members of the public, they should speak with the course instructor and consult the CFREB Ethics Website (<http://www.ucalgary.ca/research/researchers/ethics-compliance/cfreb>) before beginning the assignment.

ACADEMIC MISCONDUCT

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

INSTRUCTOR INTELLECTUAL PROPERTY

Course materials created by professor(s) (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

COPYRIGHT LEGISLATION

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (<https://ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Acceptable-Use-of-Material-Protected-by-Copyright-Policy.pdf>) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorised sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.

SEXUAL AND GENDER-BASED VIOLENCE POLICY

The University recognizes that all members of the University Community should be able to learn, work, teach and live in an environment where they are free from harassment, discrimination, and violence. The University of Calgary's sexual violence policy guides us in how we respond to incidents of sexual violence, including supports available to those who have experienced or witnessed sexual violence, or those who are alleged to have committed sexual violence. It provides clear response procedures and timelines, defines complex concepts, and addresses incidents that occur off-campus in certain circumstances. Please see the policy available at <https://www.ucalgary.ca/legal-services/university-policies-procedures/sexual-and-gender-based-violence-policy>

OTHER IMPORTANT INFORMATION

Please visit the Registrar's website at: <https://www.ucalgary.ca/registrar/registration/course-outlines> for additional important information on the following:

- Wellness and Mental Health Resources
- Student Success
- Student Ombuds Office
- Student Union (SU) Information
- Graduate Students' Association (GSA) Information