



Course Number	SOWK 363 S01	Classroom	Online
Course Name	Human Development and Environments		
Day(s) & Time	Zoom Sessions Tuesdays, 1:00 pm – 3:50 pm MST		
Instructor	Vibha Kaushik		
U of C E-mail	vkausik@ucalgary.ca	Phone	Please contact instructor via email

SYLLABUS STATEMENT

This course explores the nature of human behavior and development in diverse environments and contexts (personal, community, social, and environmental) and explores the implications for social work practice and theory.

COURSE DESCRIPTION

The purpose of Human Development and Environments is to provide a basic conceptual framework for creating and organizing knowledge about human behavior across the lifespan as it interacts with various aspects of the larger environment. A series of fundamental theories and theoretical approaches, along with updated research will be introduced. Culture and environment as key influences on the behavioral expression of human development process are stressed in this class through related readings and classroom activities, particularly as they relate to social work assessment and practice. This course also focuses on the relationship between social determinants of health and inequities in wellbeing. A set of core theories of human behavior and development will be introduced, and critiqued as we further explore implications and applications in social work practice with diverse clients over the life course.

COURSE LEARNING OUTCOMES

Upon completion of this course, students will be able to:

- 1. Demonstrate an understanding of the history, focus and methods of the study of human development, while acknowledging the Western context of these theories.
- 2. Identify and describe leading models of human development and their application to social work practice with particular focus on ecological models.
- 3. Describe the major biological, psychological, environmental, social, economic and cultural factors influencing growth and behaviors across the lifespan.
- 4. Discuss human adaptation and resilience within families, groups, organizations and communities over the lifespan.
- 5. Analyze how various cultural and environmental influences affect the perception and role of developmental norms and the experience of the lifespan.
- 6. Assess implications of human growth and behaviors for social work practice by looking at both challenges and opportunities presented over the course of life.

7. Develop a framework for social work practice through critical exploration of the application of models of human development in social work practice and consider personal values with reference to the application of models of human development.

LEARNING RESOURCES

REQUIRED TEXTBOOKS AND/OR READINGS

Book:

Rogers, A. T. (2019). *Human behavior in the social environment* (5th ed.). Routledge.

E-book available from the following vendors; Apps available for Android and Apple devices

BookShelf (VitalSource); Amazon Kindle; Kobo; Google Play Books

Video/Documentary:

Palmer, M. (Director). (2016, January). Angry Kids Stressed out Parents [Video file]. Link will be posted on D2L.

Articles:

De Leeuw, S. (2009). 'If anything is to be done with the Indian, we must catch him very young': colonial constructions of Aboriginal children and the geographies of Indian residential schooling in British Columbia, Canada. *Children's Geographies*, 7(2), 123-140. http://dx.doi.org.ezproxy.lib.ucalgary.ca/10.1080/14733280902798837

Hobart, K. (2008). Death and dying and the social work role. *Journal of Gerontological Social Work, 36*(3), 181-192.

https://www-tandfonline-com.ezproxy.lib.ucalgary.ca/doi/abs/10.1300/J083v36n03 14

Hopkins, P. & Hill, M. (2008). Pre-flight experiences and migration stories: The accounts of unaccompanied asylum- seeking children. *Children's Geographies*, *6*(3), 257-268. http://dx.doi.org.ezproxy.lib.ucalgary.ca/10.1080/14733280802183981

Lachman, M.E., Teshale, S., & Agrigoroaei, S. (2015). Midlife as a pivotal period in life course: Balancing growth and decline at the crossroads of youth and old age. *International Journal of Behavioral Development*, 39(1), 20-31.

https://journals-sagepub-com.ezproxy.lib.ucalgary.ca/doi/pdf/10.1177/0165025414533223

Pazderka, H., Desjarlais, B., Makokis, L., MacArthur, C., Steinhauer, S., Hapchyn, C., & Bodor, R. (2014). Nitsiyihkâson: The brain science behind Cree teachings of early childhood attachment. *First Peoples Child & Family Review: An Interdisciplinary Journal, 9*(1).

http://journals.sfu.ca/fpcfr/index.php/F PCFR/article/view/194/217

LEARNING TECHNOLOGIES AND REQUIREMENTS

A D2L site is set up for this course which contains required readings and other relevant class resources and materials. A laptop, desktop or mobile device with Internet access, microphone and speaker is required for D2L and Zoom access.

RELATIONSHIP TO OTHER COURSES

This course is a foundational course for students enrolled in the BSW program. This course has no prerequisites or co-requisites.

CLASS SCHEDULE

Date	Class Topic	Readings/Assignments Due
Week 1:	Introduction to the topic and to each other	Rogers (2019) – Chapter 1
January 12, 2021	 Defining human behavior and development 	
	Theory and the foundations of Social Work	
Week 2: January 19, 2021	Conceptualizing development, issues & interventions - 1	Rogers (2019) – Chapters 2 and 3
	 The person in environment The Biopsychosocial approach, systems theory, ecological theory and the strengths perspective 	
	 Biopsychosocial dimensions The disease model, theories of cognitive development, psychodynamic theories, behavioural and learning theories 	
Week 3: January 26, 2021	Conceptualizing development, issues & interventions - 2	Rogers (2019) – Chapter 4 and 5
	 Sociocultural dimensions Sociological theories, feminist theories and cultural perspectives 	
	 Social change dimensions Theories of racism, discrimination and oppression 	
	– Doing developmental research	
Week 4:	Pregnancy and prenatal issues	Rogers (2019) – Chapter 6
February 2, 2021	 Developmental Milestones in the fetus Growth processes, birth weight, planned and unplanned pregnancy 	
	 Pregnancy, birth and the family and immediate environment Access to health care, birth mother and care providers, childbirth environment 	
	 Pregnancy, birth and the larger social environment Effects of poverty on pregnancy and birth, social policies related to pregnancy and birth, environmental issues 	
	Critical examination of the implication for diverse populations	

Week 5:	Guest lecture (TBA)	De Leeuw (2019)
February 9, 2021	 Indigenous Community welfare The history of colonization and its enduring impact on human interaction, behavior and development and resilience 	
Week 6: February 16, 2021	Reading Week/No Class	
Week 7:	Development in infancy and early childhood	Rogers (2019) – Chapter 7
February 23, 2021	 Developmental Milestones Language, emotional and motor development 	Pazderka et al. (2014)
	 The individual Attachment, gender identity, temperament, autism, effects of low socioeconomic status on individual development 	
	 Family, immediate and larger social environment Parenting, siblings, day care, child abuse and neglect 	
	 Child protection, permanency planning, health care, early childhood education 	
	Critical examination of the implication for diverse populations	
Week 8:	Development in middle childhood	Rogers (2019) – Chapter 8
March 2, 2021	- Developmental milestones	Hopkins & Hill (2008)
	 The individual Intelligence and intelligence testing, learning disabilities, anxiety disorders 	Assignment 1 due: Video Review
	 Family, immediate and larger social environment Peer groups, play, parental discipline, separation and divorce, alternate family forms 	
	 Children and media, children in the educational context 	
	Critical examination of the implication for diverse populations	
Week 9:	Development in adolescence and early adulthood	Rogers (2019) – Chapters 9
March 9, 2021	 Developmental milestones Physical, cognitive personality and emotional development 	and 10

Week 9: March 9, 2021 (continued)	 The individual Eating disorders, early and late maturation, sexual identity and sexuality, substance abuse Family, immediate, and larger social environment Transition to independence Higher education 	
	 Disability and early adulthood Critical examination of the implication for diverse populations 	
Week 10:	Development in middle adulthood	Rogers (2019) – Chapters 11
March 16, 2021	Work and family lifeSocial relationships and healthSocial capital and social support	Lachman, Teshale, & Agrigoroaei (2015)
	Critical examination of the implication for diverse populations	
Week 11: March 23, 2021	No zoom session	Assignment 2 due: Discussion board postings
Week 12: March 30, 2021	Development in late adulthood The individual in late adulthood The larger social environment in late adulthood Considerations for social work practice Critical examination of the implication for diverse populations	Rogers (2019) – Chapters 12 Hobart (2008)
Week 13: April 6, 2021	Challenges and opportunities for the social work profession	Rogers (2019) – Chapters 13
	 Environmental issues and stability Economic disparities Health disparities Demographic shifts Technology and technological advances Global tension and violence Shifting cultural views on social issues 	
Week 14: April 13, 2020	No zoom session	Assignment 3 due: Self- Reflection/ Evaluation – Course Portfolio

ADDITIONAL CLASSROOM CONDUCT AND RELATED INFORMATION

EQUITY, DIVERSITY AND INCLUSION

The Faculty of Social Work acknowledges the inequities experienced by racialized people, Indigenous people, and other marginalized populations. We aim to foster an environment that recognizes and

celebrates diverse perspectives. Therefore, we are committed to eradicating all forms of injustices based on race, gender, ethnicity, sexual orientation, age, socio-economic status, religion, and disability.

GUIDELINES FOR ZOOM SESSIONS IN ONLINE CLASSES

Students are expected to participate actively in all Zoom sessions. If you are unable to attend a Zoom session, please contact your instructor to arrange an alternative activity for the missed session (e.g., to review a recorded session). Please be prepared, as best as you are able, to join class in a quiet space that will allow you to be fully present and engaged in Zoom sessions. Students will be advised by their instructor when they are expected, if they are able, to turn on their webcam (for group work, presentations, etc.). All students are expected to behave in a professional manner during the session.

MEDIA RECORDING FOR ASSESSMENT OF STUDENT LEARNING

The instructor may use media recordings as part of the assessment of students. This may include but is not limited to classroom discussions, presentations, clinical practice, or skills testing that occur during the course. These recordings will be used for student assessment purposes only and will not be shared or used for any other purpose.

ZOOM RECORDINGS OF ONLINE CLASSES

The instructor may record online Zoom class sessions for the purposes of supporting student learning in this class – such as making the recording available for review of the session or for students who miss a session. Students will be advised before the instructor initiates a recording of a Zoom session. These recordings will be used to support student learning only and will not be shared or used for any other purpose.

ASSESSMENT COMPONENTS

Assignments	Due (11:59 pm MT)	Weight
1. Video review	2 March 2021	30%
2. Discussion board postings	23 March 2021	40%
3. Self-reflection/evaluation – Course portfolio	13 April 2021	30%

Assignment 1 (Individual Assignment): Video Review Aligned Course Learning Outcomes (CLOs) 3, 4, 5, 6, 7

Weight: 30%

Due: March 2, 2021 at 11:59 pm MT

Description:

For this assignment, students will explore the significance of early intervention in early childhood development. It examines early intervention programs used in Canada for at risk children.

Watch the video, "Angry Kids Stressed out Parents" and provide a 3-4-page brief summary:

- Provide a description/summary of the documentary film.
- Explain what you found interesting.
- Identify and describe the key learnings/take-aways (at least 2) from the documentary.
- Explain how the issues highlighted in the video can be explained by the theoretical perspectives (of human development) studied in the class discussions and lectures.

- Share your thoughts regarding implications for child welfare policy and practice.
- Share your thoughts regarding the implications for current and or future social work practice.

This assignment should be 3-4 pages, double-spaced, 12-point Times New Roman font with 1" margins. Assignment must follow APA (7th edition) guidelines. Further details and rubric will be posted to D2L. The assignment should be submitted via the Dropbox on D2L by 11:59 pm MT on March 2. Criteria for the marking outline will include: Content, analysis, organization, discussion, and standard of writing.

Assignment 2 (Individual Assignment): Discussion Board Postings Aligned Course Learning Outcomes (CLOs) 1-7

Weight: 40%

Due: March 23, 2021 at 11:59 pm MT

Description:

For this assignment, students will have the opportunity to lead a D2L discussion on one of the key social work practice models that incorporate person-in-environment understandings of growth and development. The assignment will include:

- Review of one of the practice models (i.e. theory, model etc.) discussed in class
- Provide an example of how the model can be used to assess, intervene and/or evaluate issues relevant in a particular development stage.
- Select a development stage of your choosing pregnancy, prenatal, infancy, early childhood, middle childhood, adolescence, early adulthood, middle adulthood or late adulthood.
- Present a case study for discussion. The case will be an individual, family, or community seeking support in addressing issues related to the mentioned developmental stages.
- Include at least two questions for discussion

Students will create one main post using the above guidelines and post two response to the discussion questions posed by others. The main post should be 250-300 words and response posts should be at least 150 words. All postings must follow APA (7th edition) guidelines. Further details and rubric will be posted to D2L. The deadline to complete all three postings is 11:59 pm MT on March 23. Criteria for the assessment will include: Relevance, quality, depth of the contribution. Postings that reflect application of ideas, combination of concepts, evaluation, critique, etc. will be graded higher than those that restate or repeat information. Response postings stating "I agree" or "I do not agree" without adding anything new or insightful will receive a lower mark.

Assignment 3 (Individual Assignment): Self-Reflection/Evaluation - Course Portfolio

Aligned Course Learning Outcomes (CLOs) 1-7

Weight: 30%

Due: April 13, 2021 at 11:59 pm MT

Description:

Students will complete the human behaviour and environments course by providing a self-reflection of the course. Students are expected to comment on the following in their self-reflection.

• "Tell us about your learning this term." Consider where you began, where you are now, and how you got here. Discuss new knowledge, perspectives, and skills you may have acquired over the term, and their meaning for you. Provide insights into how the life span perspective and other theoretical perspectives discussed in the course will impact your social work practice. Discuss any challenges you encountered over the term. What are the implications of your new knowledge and

the challenges you encountered as a person and as a professional social worker? One of the purposes of this final reflection is to give you the opportunity to integrate the knowledge you acquired during this course and to think about how that knowledge contributes to your emerging practice model. Pose one question/issue that remains unsettled.

- Identify and describe one takeaway message/insight from the required readings and class lectures
 and discussions that resonated with you and explain how it will inform your current/future social
 work practice.
- Self-evaluation of your overall performance and participation in this course. Self-assess your contribution to course activities, your participation in the active learning, your ongoing timely and active presence in the different aspects of the course including zoom sessions and the discussion board. Recommend a grade for your performance. The marking rubric will be provided to the students in class and will be posted on D2L. While the instructor will consider the grade recommendation, the final decision on the grade rests with the instructor. Evidence will include written responses to weekly class discussion and supportive resources brought to the small group discussions. Other evidence may also include notes taken during small group discussions, other inclass work, and other research and resources.
- The criteria for grading will also include: comprehensively addressing the assignment criteria in the self-reflection; organization and thoughtfulness; relevance and depth of discussion; ability to use human behaviour and development concepts in context; demonstration of critical thinking; effective professional communication; and the use of APA format for referencing of resources and materials. Marks will also be attributed for student's standard of writing.
- This assignment should be 5-7 pages not including referencing and evidence (these can go in the appendix). The assignment should be double-spaced, 12-point Times New Roman font with 1" margins. All postings must follow APA (7th edition) guidelines. Further details and rubric will be posted to D2L. The deadline to complete this assignment is 11:59 pm MT on April 13, 2021.
- It is strongly recommended that students keep a weekly log/journal of their activities in this course to assist in the preparation of their self-reflection assignment.

ADDITIONAL ASSESSMENT AND EVALUATION INFORMATION

ATTENDANCE AND PARTICIPATION EXPECTATIONS

- Students are expected to attend class regularly and to be fully present and engaged in class activities and discussions. These are part of the participation grade, as outlined in the assessment components section above.
- Students are required to contact instructor in advance or within 24 hours of missing a Zoom session to arrange a make-up assignment for participation grade.

GUIDELINES FOR SUBMITTING ASSIGNMENTS

- Submit all assignments electronically through their respective dropbox in D2L.
- Assignments may be submitted in Word or PDF format.
- Assignments should have a file name as follows: "Full name and assignment number" (e.g., Jane Smith Assignment 2).
- Assignments are due before midnight on their due date.

• Please note that it is the student's responsibility to keep a copy of each submitted assignment and to ensure that the proper version is submitted.

LATE ASSIGNMENTS

- Assignments and papers are to be submitted on time, absolutely <u>NO extensions</u>, unless legitimate
 reasons are provided. Students are responsible for notifying the instructor about legitimate reasons
 and to discuss extensions. Extensions to assignments deadlines will be the discretion of the
 instructor.
- Late assignments will be accepted only in exceptional circumstances and at the discretion or the instructor.
- Late assignments will be **downgraded by 2%** of the assignment grade **per day** including weekends, holidays and study weekdays.
- There is a <u>seven-day</u> maximum limit by which to accept late assignments where students have not asked for extension. No assignments will be accepted beyond this seven-day limit.

EXPECTATIONS FOR WRITING

- Throughout the term, there will be many opportunities to discuss all assignments in detail including objectives, expectations, demonstration of learnings and grading criteria.
- All assignments will be assessed partly on writing skills. Writing skills include not only surface correctness (grammar, punctuation, sentence structure, etc.) but also general clarity and organization.
- All submitted work <u>must follow proper APA 7th edition format within the text and in the reference</u> <u>list.</u> Failure to do so will result in significant deduction of grades.
- If you need writing support, please connect with the Student Success Centre, at: https://www.ucalgary.ca/student-services/student-success/writing-support

WRITING SUPPORT SERVICES (SAR)

The University of Lethbridge Writing Centre is located in the Library and provides individual consultations with trained academic writing instructors and tutors to all students at the University of Lethbridge from all disciplines. There is no charge for this instruction, and the Writing Centre is happy to assist students at all stages of the writing process and levels of proficiency. For more information: https://www.uleth.ca/artsci/academic-writing/writing-centre

ACADEMIC MISCONDUCT

It is expected that all work submitted in assignments is the student's own work, written expressly by the student for this particular course. Students are reminded that academic misconduct, including plagiarism, has serious consequences, as set out in the University Calendar: https://www.ucalgary.ca/pubs/calendar/current/k.html

GRADING

A student's final grade for the course is the sum of the separate assignments. It is not necessary to pass each assignment separately in order to pass the course. The University of Calgary **Undergraduate Grading System** and Faculty of Social Work Percentage Conversion will be used.

Grade	Grade	Description	Percentage
	Point		Range
A+	4.0	Outstanding	95 - 100
А	4.0	Excellent – superior performance, showing comprehensive understanding of subject matter	95 – 100
A-	3.7		90 – 94
B+	3.3		85 – 89
В	3.0	Good – clearly above average performance with knowledge of subject matter generally complete	80 – 84
B-	2.7		75 – 79
C+	2.3		70 – 74
С	2.0	Satisfactory – basic understanding of subject matter	65 – 69
C-	1.7		60 – 64
D+	1.3		55 – 59
D	1.0	Minimal Pass – marginal performance	50 – 54
F	0.0	Fail – unsatisfactory performance or failure to meet course requirements	Below 50

COURSE EVALUATION

Student feedback will be sought at the end of the course through the standard University and Faculty of Social Work course evaluation forms. Students are welcome to discuss the process and content of the course at any time with the instructor.

ADDITIONAL SUGGESTED READINGS

- Additional readings / resources will be posted on D2L.
- In addition to the required readings, students are encouraged to further expand their readings as relevant to their particular theoretical and practice frameworks.

UNIVERSITY OF CALGARY POLICIES AND SUPPORTS

PROFESSIONAL CONDUCT

As members of the University community, students and staff are expected to demonstrate conduct that is consistent with the University of Calgary Calendar http://www.ucalgary.ca/pubs/calendar/current/k.html

Students and staff are also expected to demonstrate professional behaviour in class that promotes and maintains a positive and productive learning environment. Consistent with the aims of the Social Work Program and the University of Calgary, all students and staff are expected to respect, appreciate, and encourage expression of diverse world views and perspectives; to offer their fellow community members unconditional respect and constructive feedback; and to contribute to building learning communities that promote individual and collective professional and personal growth. While critical thought and debate is valued in response to concepts and opinions shared in class, feedback must always be focused on the ideas or opinions shared and not on the person who has stated them.

Students and staff are expected to model behaviour in class that is consistent with our professional values and ethics, as outlined in the Canadian Association for Social Workers, Code of Ethics (2005) and the Alberta College of Social Work Standards of Practice (2019). Both can be found online at: https://acsw.ab.ca/site/practice-resources?nav=sidebar

ACADEMIC ACCOMMODATION

It is the student's responsibility to request academic accommodations according to the University policies and procedures. Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services (SAS). SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at https://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf

RESEARCH ETHICS

If a student is interested in undertaking an assignment that will involve collecting information from members of the public, they should speak with the course instructor and consult the CFREB Ethics Website (https://www.ucalgary.ca/research/researchers/ethics-compliance/cfreb) before beginning the assignment.

ACADEMIC MISCONDUCT

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at https://www.ucalgary.ca/pubs/calendar/current/k.html

INSTRUCTOR INTELLECTUAL PROPERTY

Course materials created by professor(s) (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

COPYRIGHT LEGISLATION

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (https://www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright-policy.pdf) and requirements of the copyright act (https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html) to ensure they are aware of the consequences of unauthorised sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.

SEXUAL VIOLENCE POLICY

The University recognizes that all members of the University Community should be able to learn, work, teach and live in an environment where they are free from harassment, discrimination, and violence. The University of Calgary's sexual violence policy guides us in how we respond to incidents of sexual violence, including supports available to those who have experienced or witnessed sexual violence, or those who are alleged to have committed sexual violence. It provides clear response procedures and timelines, defines complex concepts, and addresses incidents that occur off-campus in certain circumstances. Please see the policy available at https://www.ucalgary.ca/policies/files/policies/sexual-violence-policy.pdf

BUILDING EVACUATIONS

When the building evacuation alarm sounds, please take your personal belongings, if readily available, leave the building quickly and safely using the stairs, and proceed to the Assembly Points posted on campus. Wait there until you have received clearance from the Emergency Wardens to re-enter the building. You are encouraged to get acquainted with the U of L Emergency website: https://www.uleth.ca/campus-safety/emergency-evacuation-plan

UNIVERSITY OF LETHBRIDGE SAFEWALK (403) 380-1888 OR (403) 329-2345.

For more information – https://www.uleth.ca/security/content/safe-walk

OTHER IMPORTANT INFORMATION

Please visit the Registrar's website at: https://www.ucalgary.ca/registrar/registration/course-outlines for additional important information on the following:

- Wellness and Mental Health Resources
- Student Success
- Student Ombuds Office
- Student Union (SU) Information
- Graduate Students' Association (GSA) Information