The Storminess of Spirituality: Considerations for Research, Education, and Practice

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Although spirituality can have a positive impact on health and wellbeing, spirituality can also be an area of struggle. We will introduce the literature and research on spiritual challenges, spiritual distress and the role of trauma, grief and loss in catalyzing spiritual concerns. Education and practice implications, areas of further research, and sites of potential personal reflection will be offered.

Wednesday, May 25, 2022
1 – 2 pm MST
Register for Zoom access: bit.ly/3M8r5g5