

Amplifying Youth Voices in Social Work Research: Reflections from the READY2Exit Study



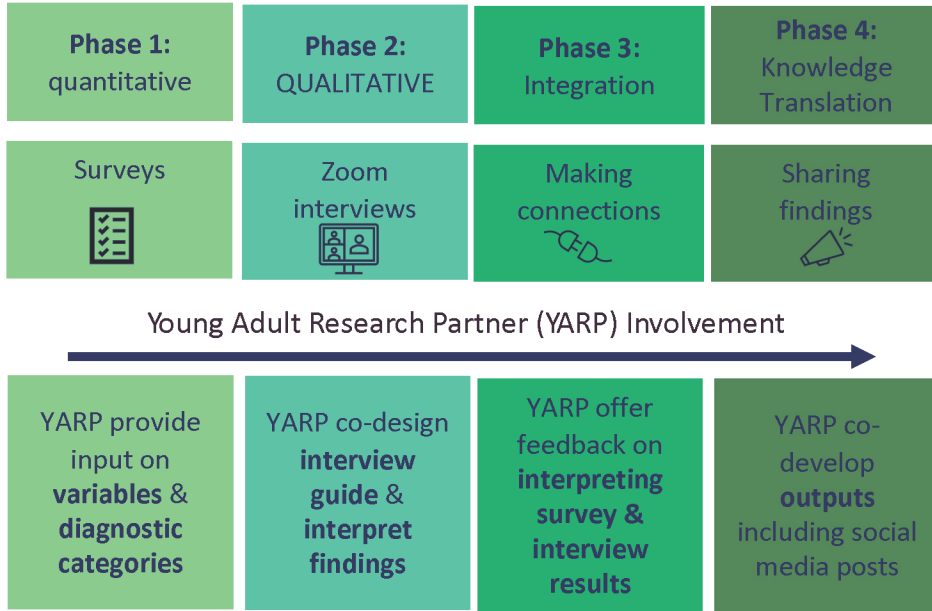
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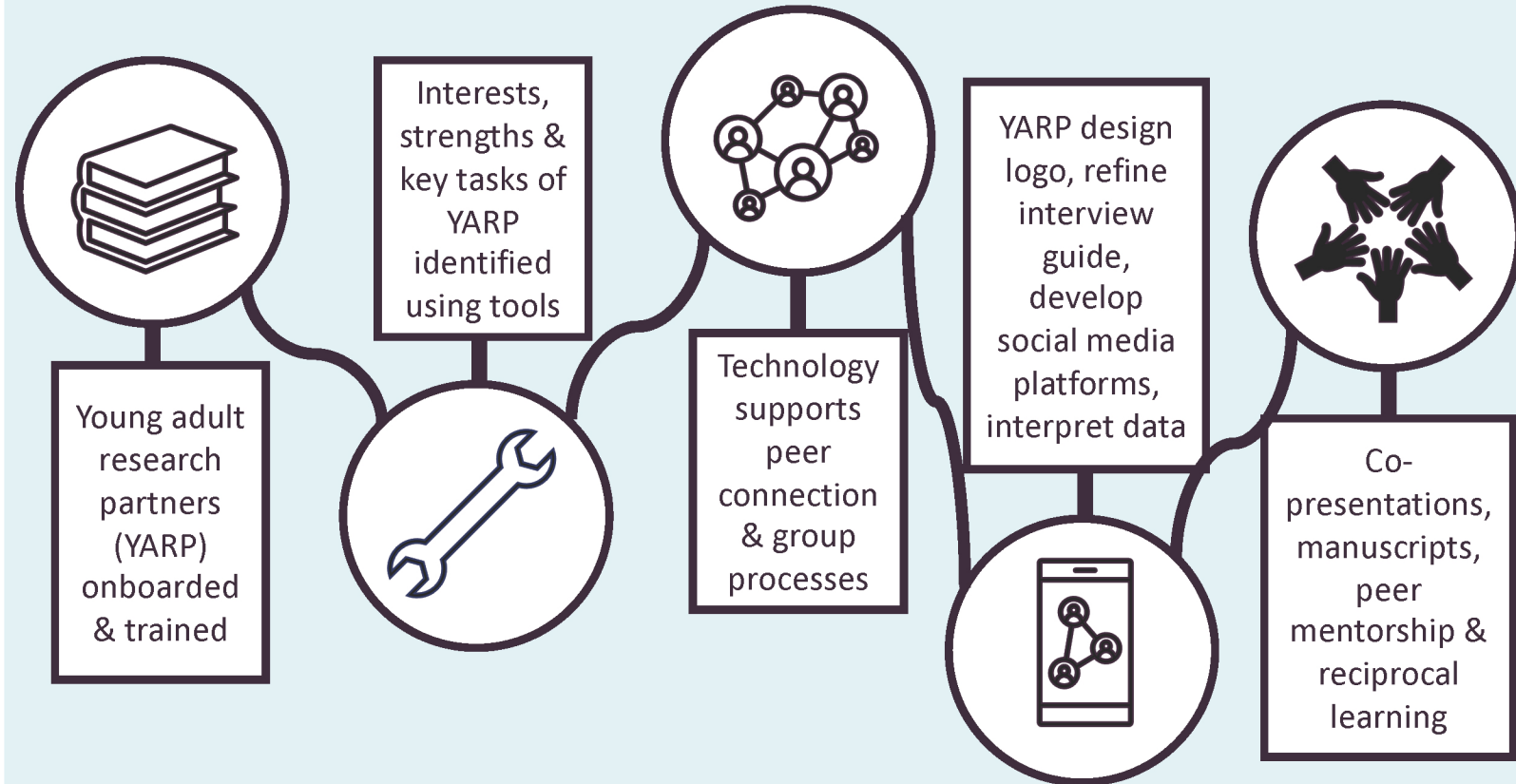
Background

Collaborating with young adults (aged 18-30) with lived experience in health & mental health systems produces relevant & impactful research. Young adult research partners can contribute their perspectives across study phases in mixed methods doctoral research. Authentic partnership can lead to reciprocal learning, capacity building, and positive change within the health & mental health systems.

READY2Exit Study Design



Young adult research partners bring **critical insights** into the READY2Exit Study, a mixed methods doctoral project.



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