Amplifying Youth Voices in Social Work Research: Reflections from the READY2Exit Study

PRESENTERS
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Background
Collaborating with young adults (aged 18-30) with lived experience in health & mental health systems produces relevant & impactful research. Young adult research partners can contribute their perspectives across study phases in mixed methods doctoral research. Authentic partnership can lead to reciprocal learning, capacity building, and positive change within the health & mental health systems.

READY2Exit Study Design

Phase 1: quantitative
Phase 2: QUALITATIVE
Phase 3: Integration
Phase 4: Knowledge Translation

Surveys
Zoom interviews
Making connections
Sharing findings

Young Adult Research Partner (YARP) Involvement

YARP provide input on variables & diagnostic categories
YARP co-design interview guide & interpret findings
YARP offer feedback on interpreting survey & interview results
YARP co-develop outputs including social media posts

Interests, strengths & key tasks of YARP identified using tools

Technology supports peer connection & group processes

YARP design logo, refine interview guide, develop social media platforms, interpret data

Co-presentations, manuscripts, peer mentorship & reciprocal learning

Young adult research partners (YARP) onboarded & trained