



UNIVERSITY OF CALGARY
Student Experience and Support

Student Wellness Services
Faculty of Social Work

KAIROS Blanket Exercise

With Indigenous Therapist, Lisa L'Hirondelle

An experiential teaching tool based on participatory popular education methodology that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in the land we now know as Canada.

November 13 | 1:30 p.m. - 4:00 p.m.

Kiipitakyoyis - Grandmother's Lodge (MT 330)



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