



## **LAND ACKNOWLEDGEMENT**

Our students, faculty and staff are located across Indigenous lands. In Alberta, we are on the traditional territories of the peoples of 45 First Nations in five treaty areas: 4, 6, 7, 8 and 10.

On our Calgary campus, we acknowledge and pay tribute to the traditional territories of the peoples of Treaty 7, which include the Blackfoot Confederacy (comprised of the Siksika, the Piikani and the Kainai First Nations), the Tsuut'ina First Nation and the Stoney Nakoda (including Chiniki, Bearspaw and Goodstoney First Nations). The city of Calgary is also home to the Métis Nation of Alberta (Districts 5 and 6). Our Calgary campus is situated on land northwest of where the Bow River meets the Elbow River, a site traditionally known as Moh'kins'tsis to the Blackfoot, Wíchîspa Oyade to the Îyâxe Nakoda (Stoney Nakoda), Siksikaitsitapi to the Blackfoot Confederacy and Guts'ists'i to the Tsuut'ina.

At our Edmonton campus, we acknowledge the Treaty 6 region, the traditional territory of the Cree and the homelands of the Métis people (Districts 9 and 10) and the surrounding Métis settlements. We recognize the rich cultural history of the place, now called the City of Edmonton, which has, for centuries, been a traditional gathering place of Indigenous peoples from across Alberta, BC, and Saskatchewan.

At our Lethbridge campus, we acknowledge the traditional territories of the Blackfoot and the other peoples of the Treaty 7 and 4 regions and the home of the Métis Nation of Alberta, (District 1).

## **OUR COMMITMENT TO EQUITY, RACIAL JUSTICE, DIVERSITY, INCLUSION AND DECOLONIZATION**

The Faculty of Social Work (FSW), University of Calgary (UCalgary), is committed to promoting and actualizing equity, racial justice, diversity, inclusion and decolonization. We affirm that diversity and uniqueness are enriching and valuable, and that they can strengthen our teaching, learning, research, scholarship, and community connections. We aim to foster an inclusive, thriving and equitable environment for our students, non-academic and academic staff, and community members. We take the stand that [equity](#) does not mean sameness in treatment of people, but rather requires measures and accommodations for diverse life experiences and circumstances to ensure that no one of a particular social group is disadvantaged, underrepresented or overlooked in all aspects of our work. We intend to address systemic inequities and compounded disadvantages due to intersectionality of social locations, particularly for those who are members of racialized communities, Indigenous peoples, Black peoples, persons with disabilities, migrant groups (including refugees and immigrants), 2SLGBTQ+ communities, linguistic minorities as well as those who have experienced socioeconomic, caregiving, religious, political, and/or cultural barriers to their education and employment. We also recognize, honour, and integrate into our work diverse perspectives, ways of knowing and doing, experiences, and strengths. An anti-oppressive lens, particularly intersectional, anti-colonial, anti-racist and decolonizing frameworks, will inform our work.

Please refer to our full statement of our [Commitment to Equity, Racial Justice, Diversity, Inclusion and Decolonization](#), our [Statement on Anti-Black Racism](#) and the work of the faculty's [Anti-Black Racism Task Force](#), our [Statement on Anti-Asian Racism](#), and the university's [Indigenous Strategy](#).

<b>Course &amp; Session Number</b>	<b>SOWK 312 S03</b>	<b>Classroom</b>	Classroom location will be posted in D2L
<b>Course Name</b>	Social Work Practice Skills, Processes and Strategies		
<b>Dates and Time</b>	<p>Start of Classes: May 5<sup>th</sup>, 2025</p> <p>End of Classes: June 16<sup>th</sup>, 2025</p> <p>Synchronous: Dates and Time: Online (May 5, May 7, May 12, May 21, May 26, May 28, June 2, June 4, June 9, June 11, June 16 from 5:30 pm – 8:30 pm).</p> <p>Asynchronous (pre-recorded): May 14</p> <p>Add/Drop/Withdrawal Dates: Please refer to the course-specific deadline in your <a href="#">Student Centre</a><sup>[1]</sup>.</p>		
<b>Instructor</b>	Tara Collins, PhD, RCSW	<b>Office Hours</b>	Before, after and as requested if you are flexible
<b>UCalgary E-mail</b>	<a href="mailto:Tara.collins2@ucalgary.ca">Tara.collins2@ucalgary.ca</a>	<b>UCalgary Phone</b>	Please email

#### SYLLABUS STATEMENT

You will develop and practice skills and approaches in working with diverse individuals, families, groups, communities, and organizations. You will critically evaluate and apply anti-racist, anti-oppressive, and anti-colonial models of practice.

#### COURSE DESCRIPTION

You will explore approaches to assessment and intervention in community and organizational contexts. The course will emphasize skill development and integration of theory and practice through experiential learning. You will engage in the helping, assessment, intervention and advocacy processes that you will apply in social work practice. Learning activities and assignments will include discussion, designing, implementing and evaluating interventions, analyzing and discussing practice scenarios and ethical issues, giving and receiving feedback, and self-evaluation.

**Prerequisite:** Admission to BSW program (University Transfer route, including After-Degree) and Social Work 201.

This course will take place **online** via Desire2Learn (D2L) and Zoom. To best succeed in the course, students are expected to participate in the asynchronous learning tasks using the D2L learning environment and synchronous Zoom sessions. When unable to participate live due to the time difference or unforeseen circumstances, inform the instructor in advance and propose and implement propose an alternative participation activity (e.g., watch the recordings, submit a brief reflection, and actively contribute to the follow-up online discussion).

There will be 11 synchronous Zoom sessions throughout the term (include dates and times or as indicated in the course schedule), and each will be recorded. There will be one synchronous Zoom session.

### **COURSE LEARNING OUTCOMES**

Upon completion of this course, you will be able to:

- Apply assessment, intervention and documentation skills to practice with individuals, families, groups, and communities.
- Analyze factors related to organizational, interprofessional, community and cultural contexts in your selection and implementation of assessments and intervention approaches and articulate rationales for your choices.
- Identify, describe and apply approaches to evaluating effectiveness and outcomes of interventions.
- Integrate anti-oppressive, anti-colonial, anti-racist approaches into your assessment and intervention practices.
- Integrate self-evaluation and feedback from instructors and peers on your assessment and intervention skills into your ongoing skill development.
- Analyze ethical issues in practice with individuals, families, groups and communities and apply values outlined in the CASW Code of Ethics, Values, and Guiding Principles, and the ACSW Standards of Practice.

### **LEARNING RESOURCES**

#### **REQUIRED TEXTBOOKS:**

Bogo, M. (2018). *Social work practice: Integrating concepts, processes and skills*. Columbia University Press.

Makokis, R. Bodor, A. Calhoun, & S. Tyler (Eds.). *ohpikinâwasowin / Growing a child: Implementing Indigenous ways of knowing with Indigenous Families* (pp.92-112). Fernwood Publishing.

#### **Other Required Readings:**

Alberta College of Social Workers [ACSW]. (2023). Standards of practice. ACSW. Available from [www.acsw.in1touch.org/uploaded/web/ACSW%20Council/ACSW%20Standards%20of%20Practice%202023.pdf](http://www.acsw.in1touch.org/uploaded/web/ACSW%20Council/ACSW%20Standards%20of%20Practice%202023.pdf)

Barker, C. (2020). Miyawata/ Family teachings on Turtle Island. In L. Makokis, R. Bodor, A. Calhoun, & S. Tyler (Eds.). *ohpikinâwasowin / Growing a child: Implementing Indigenous ways of knowing with Indigenous Families* (pp.43-70). Fernwood Publishing.

- Calcaterra, V., & Raineri, M. L. (2019). Helping each other: A peer supervision group with facilitators of mutual aid groups. *Social Work with Groups*, 43(4), 351–364.
- Canadian Interprofessional Healthcare Collaborative [CIHC]. (2024). A national interprofessional competency framework. CIHC. Available from <https://cihc-cpis.com/wpcontent/uploads/2024/06/CIHC-Competency-Framework.pdf>
- Collins, D., Jordan, C., Coleman, H., Collins, T., & Corey, D. (2024). *An introduction to family social work* (5<sup>th</sup> ed.). Oxford University Press.
- Erford, B. T., & Bardhoski, G. (2018). Introduction to group work. In B. T. Erford (Ed.). *Group work: Processes and applications* (2nd ed.). Routledge.
- Gitterman, A. (2017). The mutual aid model. In C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) *Handbook of social work with groups* (pp.113-132). Guilford Publications.
- Makokis, L., Kopp, K., Bodor, R., Veldhuisen, A., & Torres, A. (2020). Cree relationship mapping: nêhiyaw kesi wâhkotohk – How we are related. *First Peoples Child & Family Review*, 15(1), 44-61.
- Nguyen, H. N., Gafsky, E. L., & Munoz, M. (2016). The use of ecomaps to explore sexual and gender diversity in couples. *Journal of Family Psychotherapy*, 27(4), 308–314.
- Qualls, S. H., & Vair, C. (2013). Caregiver family therapy for families dealing with dementia. In P. R. Peluso, R. E. Watts, & M. Parsons (Eds.). *Changing aging, changing family therapy* (pp. 63- 78). Routledge.
- Root, J. (2017). Psychoeducational groups. In C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) *Handbook of social work with groups* (pp.171-200). Guilford Publications.
- Steinberg, D. M. (2014). Early group goals and norms. In *A mutual-aid model for social work with groups* (3<sup>rd</sup> ed.; pp. 72-82). Routledge.
- Toseland, R. W. (2017). Group dynamics. In C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) *Handbook of social work with groups* (pp. 9-27). Guilford Publications.

## **LEARNING TECHNOLOGIES AND REQUIREMENTS**

A D2L site is set up for this course, which contains required readings and other relevant class resources and materials. A laptop, desktop or mobile device with Internet access, microphone and speaker is required for D2L and Zoom access.

## **CONNECTION TO PRACTICE**

This course will prepare you with assessment and intervention skills for practice with diverse individuals, families, groups and communities. You will apply theory to practice as you develop skills to select, develop, implement and evaluate approaches to assessment and intervention.

## RELATIONSHIP TO OTHER COURSES

This course is the second in a series of three skills-focused courses: SOWK 314 – Communication and Relationship Building Skills; SOWK 312 – Social Work Practice Skills, Processes and Strategies; SOWK 419 – Leadership and Advocacy Skills for Social Justice.

## CLASS SCHEDULE

### Important Dates for Spring 2025

- Start of Term: Thursday, May 1
- First Day of Class: Monday, May 5
- End of Term: Sunday, June 29
- Last Day of Class: Monday, June 16
- Fee Deadline: Tuesday, May 13
- Victoria Day, no classes: Monday, May 19

Week/Module	Topics & In-Class Learning Activities	Readings/Assignments/Learning Activities
Class 1: Course Overview & Introduction to Group-work  May 5, 2025	Introduction to Group-work <ul style="list-style-type: none"> <li>• Task groups, psychoeducational groups, and mutual-aid</li> <li>• Overview of course assignments via facilitated group-work demonstration (task &amp; psychoeducation): Engagement (forming), and review of task objectives and mutual responsibilities (norming)</li> <li>• Review of group members skills/knowledge base for mutual aid via review of SOWK314 (performing)</li> <li>• Introduction to Intentional groupwork practice for task &amp; psychoeducational groups via overview of Behavioural Family Therapy</li> <li>• Establish student task /mutual-aid groups for group-based activities throughout the course</li> </ul>	<b>Required Readings:</b> Erfod, B. T., & Bardhoski, G. (2018). <a href="#">Introduction to group work</a> . In B. T. Erford (Ed.). <i>Group work: Processes and applications</i> (2 <sup>nd</sup> ed.). Routledge. Toseland, R. W. (2017). <a href="#">Group dynamics</a> . In C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) <i>Handbook of social work with groups</i> (pp. 9-27). Guilford Publications.  <b>Recommended Reading:</b> Bogo, M. (2018). Communication and interviewing skills. In <i>Social work practice: Integrating concepts, processes and skills</i> (pp. 311-368). Columbia University Press.
Class 2: Preparing for Practice: An Everyday	Preparing for Social Work Practice: <u>Who is the social worker?</u>	<b>Required Readings:</b> Barker, C. (2020). Miyawata/ Family teachings on Turtle Island. In L.

	<ul style="list-style-type: none"> <li>• Social work identity: Social justice, in action; Living our seven professional values.</li> </ul>	Makokis, R. Bodor, A. Calhoun, & S. Tyler (Eds.). <i>ohpikinâwasowin /</i>
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<p>Process &amp; Practice</p> <p>May 7, 2025</p>	<ul style="list-style-type: none"> <li>• The Person-of-the-Social-Worker: Critically examining epistemology/ontology &amp; world view of the social worker</li> <li>• Clinical implications of power-based roles and dynamics to recognize &amp; address potential sources of bias</li> <li>• Social work ethics and Standards of Practice</li> </ul> <p>Preparing for Social Work Practice: <u>Who is the Client?</u></p> <ul style="list-style-type: none"> <li>• Centering Diversity &amp; Multiple ways of Knowing/Being</li> <li>• De-colonization, Anti-racism, and Anti-oppressive practice</li> <li>• Cultural considerations</li> <li>• Philosophies of Care: Patient &amp; Family centred Care (PFCC). Viewing your client beyond the patient. Working with client's natural sources of support (e.g., families, partners, community members) within a health system that privileges individual orientations.</li> </ul> <p><b>In-Class Exercise</b></p> <ul style="list-style-type: none"> <li>• Unfolding Case study: Trudy and Evelyn -Initial Files Shared (Referral letter, doctors notes, Genogram, Eco map).</li> </ul>	<p><i>Growing a child: Implementing Indigenous ways of knowing with Indigenous Families (pp.43-70).</i> Fernwood Publishing.</p> <p>Makokis, L., Bodor, R., Calhoun, A., Tyler, S., McLellan, A., Veldhuisen, A., Kopp, K., McLeod, S., &amp; Goulet, S. (2020). <i>iyiniw tâpwêwin ekwa kiskeyitamowin.</i> In L. Makokis, R. Bodor, A. Calhoun, &amp; S. Tyler (Eds.). <i>ohpikinâwasowin / Growing a child: Implementing Indigenous ways of knowing with Indigenous Families (pp 13-42).</i> Fernwood Publishing.</p> <p><b>Recommended Reading:</b></p> <p>Johnson, B. H. &amp; Abraham, M. R. (2012). <a href="#"><i>Partnering with Patients, Residents, and Families: A Resource for Leaders of Hospitals, Ambulatory Care Settings, and Long-Term Care Communities.</i></a> Institute for Patient- and Family-Centered Care. Saskatchewan Health Research Foundation [SHRF]. (2009). <i>The need for more effective patient- and family centred care.</i> Canadian Electronic Library. Canada. Retrieved from <a href="https://library.usask.ca/gp/sk/h/patientfirstrevoct09/05detailedpatientexperience.pdf">https://library.usask.ca/gp/sk/h/patientfirstrevoct09/05detailedpatientexperience.pdf</a>.</p> <p><b>Students review Evelyn and Trudy Case files prior to class</b></p>
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<p>Class 3: Initial Phase of Social Work Practice: Client Engagement and Understanding Client Needs</p> <p>May 12, 2025</p>	<p>Intentional Practice with individuals, families, &amp; groups: From Engagement to task engagement, moving towards a collaborative empowered understanding of the client's needs</p> <p>Engagement to Task Engagement: Precursor to Assessment.</p> <ul style="list-style-type: none"> <li>• Social work practice: Building on relationships</li> </ul>	<p><b>Required Readings:</b></p> <p>*Alberta College of Social Workers [ACSW]. (2023). <a href="https://www.acsw.in1touch.org/uploaded/web/ACSW%20Council/ACSW%20Standards%20of%20Practice%202023.pdf">Standards of practice</a>. ACSW. Available from <a href="https://www.acsw.in1touch.org/uploaded/web/ACSW%20Council/ACSW%20Standards%20of%20Practice%202023.pdf">www.acsw.in1touch.org/uploaded/web/ACSW%20Council/ACSW%20Standards%20of%20Practice%202023.pdf</a></p> <p>(*or the SOP corresponding to your location of current/future social work practice [e.g., BCCSW, SASW, MCSW, OCSWSSW etc.])</p> <p>Bogo, M. (2018). Beginnings. In <i>Social work practice: Integrating concepts,</i></p>
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	<ul style="list-style-type: none"> <li>• Best-practices for Informed Consent: Special considerations for family- and group-based practice.</li> </ul> <p>Assessment (<i>The What</i>)</p> <ul style="list-style-type: none"> <li>• Intake processes, in person assessment, home visits, health care/community settings, assessment protocols within organizations.</li> <li>• Introduction to Assessment Frameworks: Strength-based; Person-in-Environment; Biopsychosocial; and Risk Assessment.</li> <li>• Focus on Individual Assessments with individuals</li> </ul> <p><b>In-Class Exercise (Assignment work)</b></p> <ul style="list-style-type: none"> <li>• Unfolding Case study: Trudy and Evelyn -Initial Files Shared (Referral letter, doctors notes, Genogram, Eco map).</li> </ul>	<p><i>processes and skills</i> (pp. 191-216). Columbia University Press.</p> <p><b>Students watch Evelyn and Trudy Case Scene 1, study prior to class (Please save and download your responses).</b></p>
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<p>Class 4: Task Groups &amp; Mutual Aid Groups for Professional: Practice Contexts of Group Work in Social Work Practice</p> <p>Asynchronous (pre-recorded – no class) May 14, 2025</p>	<p>The Medium /Context of Social Work Practice: Team-work is <i>Group-work</i>!</p> <ul style="list-style-type: none"> <li>Task-groups-interprofessional practice: Navigating diverse professional values &amp; scopes of practice within interdisciplinary teams.</li> </ul> <p>Interprofessional Practice</p> <ul style="list-style-type: none"> <li>Clinical Case-management and complex care: Navigating multiskilled teams with discreet and overlapping scopes of practice.</li> <li>Interdisciplinary Treatment Plans: Collaborating with team members and advocating for clients.</li> <li>Core skills (competencies) and specializations in interdisciplinary practice contexts.</li> <li>Definitions (interdisciplinary, transdisciplinary, interprofessional, multiskilled, scopes of practice)</li> </ul>	<p><b>Required Readings:</b></p> <p>Calcaterra, V., &amp; Raineri, M. L. (2019). <a href="#">Helping each other: A peer supervision group with facilitators of mutual aid groups</a>. <i>Social Work with Groups</i>, 43(4), 351–364.</p> <p>Canadian Interprofessional Healthcare Collaborative [CIHC]. (2024). <i>A national interprofessional competency framework</i>. CIHC. Available from <a href="https://cihccpis.com/wp-content/uploads/2024/06/CIHCCompetency-Framework.pdf">https://cihccpis.com/wp-content/uploads/2024/06/CIHCCompetency-Framework.pdf</a></p> <p><b>Students Review Evelyn and Trudy Case on Interprofessional Practice prior to class</b></p>
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<p>Class 5: Assessment, Case Conceptualization (Formulation), Goal Setting &amp; Treatment Planning in Social Work Practice</p> <p>May 21, 2025</p>	<p>Clinical Applications of Assessment: Principles, Processes and Best-Practices for Understanding the Needs of Clients</p> <p>Assessments (<i>The How</i>)</p> <ul style="list-style-type: none"> <li>• Critically thinking on clinical matters (i.e., cases)</li> <li>• Case conceptualizations (working) formulations (5Ps)</li> <li>• Determining Risk &amp; Resilience</li> </ul> <p>Establishing Goals &amp; Treatment Planning</p> <ul style="list-style-type: none"> <li>• Review of SMART goals</li> <li>• Review of treatment planning procedures.</li> </ul> <p>Documentation</p> <ul style="list-style-type: none"> <li>• Best-practices for documentation for assessment, formulation, goals, and treatment planning.</li> <li>• Storage/maintenance of records.</li> </ul> <p><b>In-class Exercise:</b></p> <ul style="list-style-type: none"> <li>• Unfolding Case study: Interprofessional Practice Exercise</li> </ul>	<p><b>Required Readings:</b></p> <p>Bogo, M. (2018). Toward developing shared understanding: Assessment and formulation. In <i>Social work practice: Integrating concepts, processes and skills</i> (pp. 217-240). Columbia University Press.</p> <p>Bogo, M. (2018). The social worker as process expert. In <i>Social work practice: Integrating concepts, processes and skills</i> (pp. 241-267). Columbia University Press.</p>
<p>Class 6: Selecting, Planning and Implementing Interventions for Individuals and Families</p> <p>May 26, 2025</p>	<p>Considering How We Conceptualize Family/Families: Diverse Families in Diverse Contexts</p> <ul style="list-style-type: none"> <li>• Critical examination of diverse family structures, values and ways of Family-based Engagement &amp; Assessment</li> <li>• Understanding people in their environments (family and community contexts)</li> <li>• Families as pre-formed groups: Understanding family-based dynamics (roles, rules, and relationships), communication, and problem-solving</li> </ul> <p>Applications of Assessment, Goal Setting and Treatment planning to families</p>	<p><b>Required Readings:</b></p> <p>Makokis, L., Kopp, K., Bodor, R., Veldhuisen, A., &amp; Torres, A. (2020). <a href="#">Cree relationship mapping: nêhiyaw kesi wâhkotohk – How we are related</a>. <i>First Peoples Child &amp; Family Review</i>, 15(1), 44-61.</p> <p>Nguyen, H. N., Gafsky, E. L., &amp; Munoz, M. (2016). <a href="#">The use of ecomaps to explore sexual and gender diversity in couples</a>. <i>Journal of Family Psychotherapy</i>, 27(4), 308–314.</p> <p><b>Recommended Readings:</b></p> <p>Butler, J. F. (2008). <a href="#">The family diagram and genogram: Comparisons and contrasts</a>. <i>The American Journal of Family Therapy</i>, 36(3), 169-180.</p> <p>Glass, V. Q. (2024). <a href="#">Building blocks to conceptualizing family: A family system's perspective</a>. In Y. Watters &amp;</p>

	<ul style="list-style-type: none"> <li>• Critically examining clinical applications of Behavioural Family Therapy</li> <li>• Ecomaps/ genograms/ Tree of Life/ Kinship mapping</li> <li>• Case conceptualization/case formulation</li> </ul> <p><b>In-class Exercise:</b> Unfolding Case study: Trudy and Evelyn -Support Group for Families</p>	<p>D. Adamson (Eds.) <i>Foundational concepts and models of family therapy</i> (1st ed., pp. 43–52). Routledge.</p> <p>Ncube, N. (2006). <a href="#">The Tree of Life project</a>. <i>International Journal of Narrative Therapy and Community Work</i>, 2006(1), 3-16.</p> <p><b>Students watch Evelyn and Trudy Support Group, study prior to class (Please save and download your responses).</b></p> <p><b>Due: Assignment 2-</b> Assessment and Support Plan.</p>
<p>Class 7: Social Work Practice with Families in Practice Context-Part I  May 28, 2025</p>	<p>Social Work with Families: Advocacy, Support, and Facilitating Change/Growth</p> <ul style="list-style-type: none"> <li>• Clinical Case-management and complex care</li> <li>• Family-based support &amp; counselling (improving coping) vs: family therapy (qualitative change of dynamics)</li> <li>• Communication skills (Expressing Pleasant Emotions; Making a Positive Request; Expressing unpleasant emotions)</li> <li>• After-care programming (discharge planning) &amp; engaging informal support systems (family, partner, peers, community members)</li> </ul> <p><b>In-class Exercise:</b> Unfolding Case study: Trudy and Evelyn -Digital Story</p>	<p><b>Required Readings:</b> Dion, A., Tyler, S., Pace, C., &amp; Delver, K. (2020). <i>ayahpatisi/ Practice as ceremony</i>. In L. Makokis, R. Bodor, A. Calhoun, &amp; S. Tyler (Eds.). <i>ohpikinâwasowin / Growing a child: Implementing Indigenous ways of knowing with Indigenous Families</i> (pp.92-112). Fernwood Publishing.</p> <p><b>Recommended Readings:</b> Harrison, K. (2023). <a href="#">The core process of therapy: Planning therapy guided by theory</a>. In Y. Watters, &amp; D. Adamson (Eds.) <i>Foundational concepts and models of family therapy</i> (pp. 63-99). Routledge.</p>
<p>Class 8: Social Work Practice with Families in Practice Context Part II</p>	<p>Social Work with Families: Advocacy, Support, and Facilitating Change/Growth</p> <ul style="list-style-type: none"> <li>• Clinical Case-management and complex care</li> <li>• Crisis &amp; conflict management</li> <li>• Problem-solving Activities</li> </ul>	<p><b>Required Readings:</b> Qualls, S. H., &amp; Vair, C. (2013). <a href="#">Caregiver family therapy for families dealing with dementia</a>. In P. R. Peluso, R. E. Watts, &amp; M. Parsons (Eds.). <i>Changing aging, changing family therapy</i> (pp. 63- 78). Routledge.</p>

June 2, 2025	<b>In-class Exercise:</b> Practice Group A	<b>Recommended Readings:</b> Fadden, G., & Heelis, R. (2010). The Meriden family programme: Lessons learned over 10 years. <i>Journal of Mental Health</i> , 20(1), 79–88.  <b>Due: Group A- Facilitator Feedback form</b> <b>DUE:</b> Assignment 3 Genogram and EcoMap
Class 9: Planning and Implementing Social Work Groups  June 4, 2025	<i>The Medium is the Message:</i> Planning and Implementing Groups to match the Needs of Clientele. <ul style="list-style-type: none"> <li>• Critical analysis of the various types of social work groups (e.g., mutualaid, psychoeducation, task groups, self-help/support, psychotherapy) • Group Theories - Stages of Group Development (e.g., Tuckman, DISC Model; Thomas-Kilmann; Lencioni, Yalom, Schutz)</li> <li>• Group Formats: Closed vs: Open Groups; Ongoing vs: Time-limited; Process Oriented vs: structured.</li> <li>• Co-Facilitated; Professional &amp; Client Collaborative Facilitation.</li> <li>• Online vs: In-person vs: hybrid.</li> <li>• Homogenous vs: heterogenous group composition.</li> </ul> <b>In-class Exercise:</b> Practice Group B	<b>Required Readings</b> Gitterman, A. (2017). <a href="#">The mutual aid model</a> . In. C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) <i>Handbook of social work with groups</i> (pp.113-132). Guilford Publications. Root, J. (2017). <a href="#">Psychoeducational groups</a> . In. C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) <i>Handbook of social work with groups</i> (pp.171-200). Guilford Publications.  <b>Recommended Readings:</b> Kurtz, L. F. (2017). <a href="#">Support and self-help groups</a> . In. C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) <i>Handbook of social work with groups</i> (pp.155-170). Guilford Publications.  <b>Due:</b> Group B- Facilitator Feedback form
Class 10: Planning and Implementing Intervention within Groups  June 9, 2025	Developing and Demonstrating Competency in Group Work: A Core Competency in Social Work Practice <ul style="list-style-type: none"> <li>• Identifying the key roles &amp; responsibilities for group facilitators</li> <li>• Ensuring group safety &amp; member safety</li> <li>• Supporting equality of opportunity for participation within the group process</li> <li>• Balancing the needs of individual members and the group</li> </ul>	<b>Required Readings</b> Steinberg, D. M. (2014). <a href="#">Early group goals and norms</a> . In <i>A mutual-aid model for social work with groups</i> (3 <sup>rd</sup> ed.; pp. 72-82). Routledge.  <b>Recommended Readings:</b> Kelly, B. L. (2017). <a href="#">Group work in health care settings</a> . In. C. D. Garvin, L. M. Gutierrez, & M. J. Galinsky (Eds.) <i>Handbook of social work with groups</i> (pp.203-219). Guilford Publications.  <b>Due:</b> Group C -Facilitator Feedback form

	<ul style="list-style-type: none"> <li>Professional Use of Self: Scaffolding/facilitating change by harnessing the group process/dynamic</li> <li>Group leadership/facilitator style: Balancing being prepare and comfort with uncertainty</li> </ul> <p><b>In-class Exercise:</b> Practice Group C</p>	
<p>Class 11: Selecting, Planning and Implementing Interventions within Group Work</p> <p>June 11, 2025</p>	<p>Intentional Practice in Groups: Navigating Difficult Group Dynamics</p> <ul style="list-style-type: none"> <li>Managing and navigating difficult group dynamics (conflict, monopolizing, group norm violation)</li> <li>Navigating stress, uncertainty, and change: Individual change within</li> <li>Balancing task completion vs: facilitating interpersonal support</li> <li>Beginning, middle and end of group sessions and groups: Groups as microcosms of society &amp; groups sessions as a microcosm of groups</li> </ul> <p><b>In-class Exercise:</b> Practice Group D</p>	<p><b>Required Readings</b> Steinberg, D. M. (2014). <a href="#">The role of conflict in a mutual-aid system</a>. In <i>A mutual-aid model for social work with groups</i> (3<sup>rd</sup> ed.; pp. 137-154). Routledge.</p> <p><b>Due:</b> Group D -Facilitator Feedback form</p>
<p>Week 12: Evaluating Interventions</p> <p>June 16, 2025</p>	<p>Integrating practice across practice Approaches to evaluating interventions</p> <ul style="list-style-type: none"> <li>Ending/transitional stage of the helping process</li> <li>Approaches to evaluating interventions</li> <li>Recognizing successes, progress and gains</li> <li>Next steps for maintaining growth/change.</li> <li>Using measurement tools, surveys and questionnaires</li> </ul>	<p><b>Required Reading:</b> Bogo, M. (2018). Endings. In M. Bogo, <i>Social work practice: Integrating concepts, processes and skills</i> (pp. 295-308). Columbia University Press.</p> <p><b>Assignment 1: Process Journal Due</b> <b>Assignment 3:</b></p>

## ADDITIONAL CLASSROOM CONDUCT AND RELATED INFORMATION

### INSTRUCTOR EMAIL POLICY

All course communication must occur through your @ucalgary email. I will respond to emails sent via your @ucalgary emails within 48 hours excluding weekends and statutory holidays.

### GUIDELINES FOR ZOOM SESSIONS IN ONLINE CLASSES

You are expected to participate actively in all Zoom sessions. Please be prepared, as best as you are able, to join class in a quiet space that allows you to be fully present and engaged in Zoom sessions. **When possible, it is desirable for students to have their cameras turned on.** You are expected to behave in a professional manner during all Zoom sessions. Please do not share the Zoom links with anyone who is not registered in this course.

## ASSESSMENT COMPONENTS

**Assignment 1: Process Journal (30%) Individual Assignment Due Date: To be completed by June 16, 2025, by 11:59pm MST Aligned Course Learning Outcomes: 2, 4, 5,**

### Assignment Description:

Developing an awareness of group dynamics (e.g., roles, rules, relationships, conflict, power, process vs: content) is an important competency for social workers to develop. Furthermore, having a critical reflexivity to be aware of one's own process (thinking, feeling, behaviour), beliefs, epistemology/ontology is also important to consider independent from and in relation to professional ethics/values.

You will be assigned to a task group, in which you will work throughout the course on a series of in-class group activities and assignments. For this assignment, you will keep a regular individual journal to capture your reflections related to your process vis-à-vis your ongoing group process. This journal is intended to focus on the process within your small, assigned task group, as opposed to the larger SOWK 312 dynamic. However, you may also reflect upon the relationship between small group and classroom dynamics.

The focus of this assignment is on quality of reflection and comprehensiveness (i.e., captures the beginning, middle and end of the group process). This journal will be written in first person narrative, as the intention is for this assignment to help support your meta-cognitive/critical reflexive processes.

Some questions you may want to consider are:

- How are you reacting emotionally and physically to the process of group and group dynamics?
- In what situations do you find yourself comfortable/ reactive?
- What roles do you find yourself in?
- How do you see yourself as a leader? How do you respond to leadership?
- How does the group manage conflict?

A minimum of 4 journal entries will be submitted. Your journals should incorporate your group experiences, along with various course concepts related to social work practice with families and groups.

Two journal entries should be completed during the first half of the course and two during the second half. All journal entries will be compiled and submitted together at the end of the courses.

Students can do these as video/audio journals (no more than 5 min each or 20 min total). If written, each entry will be 2 pages (approximately 500 words), double-spaced, 12-point font, and 1-inch margins. As this is a reflection, no extra academic research is required, but when journal entries do draw upon the ideas of others (e.g., readings), it is expected that proper APA 7 citations will be employed.

You will submit your journal entries in one submission on the due date at the end of the course to the D2L Dropbox.

Assessment Criteria: A marking/grading rubric will be provided via D2L. This assignment is worth 20% of the total grade for the course. An individual grade will be provided for this assignment.

### **Assignment 2: Unfolding Case Study- Assessment and Support Plan (25%) Group Assignment**

Aligned Course Learning Outcomes: 1, 2, 3, 4, 6

Due Date: May 26, 2025

#### Assessment Description:

In a small group of 6-7 students, you will analyze an unfolding social work practice case using skills developed in SOWK 314 and applying new skills learnt in SOWK 312. The case of Evelyn and Trudy will introduce you to how assessment concepts apply in individual, family and group contexts.

The case will be presented in an unfolding manner and will include in-class learning activities to help your group complete the assignment. As the case study unfolds, your group will compile and interpret assessment information. Worksheets and reflective questions will help you to develop a case conceptualization that your group will develop into a general assessment and support plan that would be useful in a practice context by interdisciplinary teams. Your group will also identify any ethical dilemmas, practice issues or pertinent legislation that could apply to this case.

For this assignment, your group will interpret assessment information and formulate an intervention support plan. You will complete a general assessment using the template provided, which adequately presents the information in a clear, concise, and useable format.

As all assessments are evolving, your assignment should include a brief description about what your group still needs to know, is curious about and how you plan to move forward in the work with this family. Point form in some sections is appropriate. The assignment should include the template and a brief written component on gaps and next steps. The whole assignment should be no longer than 8-10 pages.

#### Assessment Criteria:

You will be graded on clarity of thought and presentation, critical thinking, connection to practice, and professional documentation skills. Information should be concise, accurate, and synthesize the data. A detailed rubric will be posted on D2L.

### **Assignment 3: Family Description and Eco-map (20%) Individual Assignment Due Date: June 16, 2025 by 11:59pm Aligned Course Learning Outcomes: 1, 5**

#### Assignment Description:

Genograms, Tree-of-Life, Kinship mapping are different ways to visually represent family structures. Genograms specifically are commonly used in Social Work practice and are often considered standard practice, but they come with their own cultural limitations. You are encouraged to use the strategy that best fits your personal definition of family. Warning: this assignment can be difficult for some, as discussions of family can bring up some difficult history. Please only include information that you are comfortable with sharing and use your natural supports as needed.

Regardless of the visual representation chosen, your assignment will be **hand-drawn** (i.e., not created on a computer or generated using a computer program specifically designed to create genograms/family-trees) and will be accompanied by an ecomap. This assignment will be consistent with the practices and approaches reviewed within the course. The family descriptions will be completed on one single sheet (i.e., one side of) a Letter sized piece of paper (8.5 x 11 inches). Ecomaps will be completed on a separate single sheet (i.e., one side of) a Letter sized piece of paper (8.5 x 11 inches).

Assessment Criteria: A marking/grading rubric will be provided via D2L.

#### **Assignment 4: Practice Group Leadership (25%) Group**

**Assignment Due Date: TBD in class in first weeks.**

**Practice groups will happen in the last half of the course. Aligned Course Learning Outcomes: 1, 2, 3, 4, 5, 6,**

#### Assignment Description:

Assignment 4 will be completed in-class during weeks 8, 9, 10 and 11, at which time you will participate in practice groups. The practice groups are an opportunity for you to develop and practice your group process and facilitation skills.

The practice groups will take place in the same assigned task groups as the other learning activities and assignments in the course. During the practice group weeks, you will co-facilitate (with 2 other students) one of the families practice groups. The groups will run for 30 minutes. You will run an experiential learning activity from a list of options provided by the instructor. You will depend on the number of students in the class and the size of groups, but group size is anticipated to be 10-12 students.

As the facilitator or co-facilitator, you will be responsible for preparing for the in-class experiential learning activity related to the materials covered in that class. Your group facilitation will include a beginning (opening), middle (activity) and end (wrap up). The overall topic for your group will be assigned based on the timing of the class.

- June 2 Group A – What is Family to you?
- June 4 Group B –Family and Culture
- June 9 Group C – Family and Conflict
- June 11 Group D - Wrapping up with Family work.

All co-facilitators must be actively involved in group facilitation of the activity. The practice group will be evaluated in the following areas: a) Effectiveness of facilitation and communication, b) Leadership management of group process and dynamics, c) Session content, and teamwork and preparation. More details on the practice groups will also be provided during the course.

### Assessment Criteria:

A grading/marking rubric will be available via D2L. This assignment is worth 25% of the total grade for the course.

**Part A: Leadership Self-Evaluation.** Following the end of the class, students who facilitating the practice group are responsible to upload a self-evaluation to D2L drop-box regarding their learning process/skill demonstration (an evaluation tool will be provided). Included in this will be reflection on your planning, implementation and leadership skills. This will be graded for 20% of the grade.

**Part B: Peer Evaluation.** Students who were not members of the facilitation team will complete an evaluation of each presenter using an evaluation tool (provided by the instructor) and upload these peer evaluations to the D2L Dropbox for each practice group (1.25% for each practice group set). These are due the day of the practice group being evaluated and students not in attendance will not receive credit. This is worth 5% of the grade and is a pass/fail.

## **ADDITIONAL ASSESSMENT AND EVALUATION INFORMATION**

### **ATTENDANCE AND COURSE ENGAGEMENT EXPECTATIONS**

Students are expected to be fully present and engaged in each class activities and discussions. These are part of the course engagement grade, as outlined in the assessment components section above.

Please refer to the Ucalgary calendar for more information on attendance.

### **GUIDELINES FOR SUBMITTING ASSIGNMENTS**

Please submit all assignments electronically through their respective Dropbox in D2L. Assignments may be submitted in Word or PDF format. Assignments should have a file name as follows: "Full name and assignment number" (e.g., Jane Smith Assignment 2). Assignments are due by 11:59pm on their due date. Please note that it is the student's responsibility to keep a copy of each submitted assignment and to ensure that the proper version is submitted."

### **MISSED OR LATE ASSIGNMENTS**

- Late assignments will be accepted only in exceptional circumstances and at the discretion of the instructor.
- A request for an extension should be sent to the instructor at least 24 hours prior to the assignment due date.
- Assignments that are submitted after the deadline, without prior arrangements with the instructor, may be penalized with a grade reduction (of 5% per day- including weekends and holidays).
- There is a 7-day maximum limit by which students who have not requested for an extension can submit their assignments. No assignments will be accepted after the 7-day limit.
- Participation is expected in the class if you were not present in the class. You will not receive a mark for any participation activities assigned in the class regardless of the reason.
- Please refer to the Ucalgary calendar for more information on supporting documentation for absences.

## **EXPECTATIONS FOR WRITING**

All assignments will be assessed partly on writing skills. Writing skills include not only surface correctness (grammar, punctuation, sentence structure, etc.) but also general clarity and organization. Sources used in research papers must be properly documented and referenced in APA 7<sup>th</sup> edition format. If you need writing support, please connect with the Student Success Centre, at:  
<https://www.ucalgary.ca/student-services/student-success/writing-support>

## **ACADEMIC MISCONDUCT**

It is expected that all work submitted in assignments is the student's own work, written expressly by the student for this particular course. Students are reminded that academic misconduct, including plagiarism, has serious consequences, as set out in the University Calendar:  
<https://calendar.ucalgary.ca/pages/eb50d7931bba4da5942de21f51d1f514>

## **USE OF ARTIFICIAL INTELLIGENCE TOOLS**

In this course, you are expected to complete and draw upon the required readings, learning activities and additional research to complete the assignments. If you intend to use artificial intelligence tools as learning aids or to help produce assignments, please discuss with your instructor in advance. You are ultimately accountable for the work you submit. Your approved use of AI tools must be documented in an appendix for each assignment. The documentation should include what tool(s) were used, how they were used, how the results from the AI were incorporated into the submitted work, what you did to verify the AI generated results, what you did to extend your work beyond the AI generated contents and your critical reflection on ethical use of AI tools. Failure to cite the use of AI generated content in an assignment will be considered a breach of academic integrity and subject to Academic Misconduct procedures.

## **GRADING**

A student's final grade for the course is the sum of the separate assignments. It is not necessary to pass each assignment separately in order to pass the course. The University of Calgary [Undergraduate Grading System](#) and Faculty of Social Work Percentage Conversion will be used. This grading system overrides the grading system in D2L.

Rounding will occur after all assignments are graded to the closest percent (e.g. 0.5 % is rounded up)

Grade	Grade Point	Description	Percentage Range
A+	4.0	Outstanding performance	95-100
A	4.0	Excellent performance	85-94
A-	3.7	Approaching excellent performance	80-84

B+	3.3	Exceeding good performance	77-79
B	3.0	Good performance	73-76
B-	2.7	Approaching good performance	70-72
C+	2.3	Exceeding satisfactory performance	67-69
C	2.00	Satisfactory performance	63-66
C-	1.70	Approaching satisfactory performance	60-62
D+	1.30	Marginal pass. Insufficient preparation for subsequent courses in the same subject	57-59
D	1.00	Minimal pass. Insufficient preparation for subsequent courses in the same subject.	50-56
F	0.00	Failure. Did not meet course requirements.	Below 50
CG		Credit Granted. Not included in the GPA calculation. See section <a href="#">F.1.3</a> for additional detail.	
CR		Completed Requirements. Carries no weight in calculating the grade point average. This will be noted in the calendar description as “Not Included in GPA” where applicable.	

#### COURSE EXPERIENCE FEEDBACK

At the close of each term, students can provide feedback on their academic learning experience in their courses, including their instructors, through university-wide online surveys. They will receive an email from [UCalgary Course Experience Surveys](#) with direct links to their current course surveys, or they can access within the D2L course shell. Students are welcome to discuss the process and content of the course at any time with the instructor. They are expected to provide comments that are consistent with the [University of Calgary Code of Conduct](#), the [Alberta College of Social Work Standards of Practice \(2023\)](#) and the [Canadian Association of Social Workers Code of Ethics \(2024\)](#).

#### ADDITIONAL SUGGESTED READINGS

Additional optional/suggested readings for the course be provided to students in D2L in the Leganto Reading list.

## UNIVERSITY OF CALGARY POLICIES AND SUPPORTS

### Professional Conduct

As members of the University community, students and staff are expected to demonstrate conduct that is consistent with the University of Calgary's [Code of Conduct](#). They are also expected to demonstrate professional behaviour in class that promotes and maintains a positive and productive learning environment. Consistent with the aims of the Social Work Program and the University of Calgary, all students and staff are expected to respect, appreciate, and encourage expression of diverse world views and perspectives; to offer their fellow community members unconditional respect and constructive feedback; and to contribute to building learning communities that promote individual and collective professional and personal growth. While critical thought and debate is valued in response to concepts and opinions shared in class, feedback must always be focused on the ideas or opinions shared and not on the person who has stated them.

Students and staff are expected to model behaviours in class, including evaluations of teaching and learning, that are consistent with our professional values and ethics, as outlined in the [Canadian Association for Social Workers, Code of Ethics](#) (2024) and the [Alberta College of Social Work Standards of Practice](#) (2023).

### Academic Accommodation

It is the student's responsibility to request academic accommodations according to the University policies and procedures. Students seeking an accommodation based on disability or medical concerns should contact [Student Accessibility Services](#) (SAS). SAS will process the request and issue letters of accommodation to instructors. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their instructor. Please refer to the full policy on [Student Accommodations](#).

### Research Ethics

Students are advised that any research with human participants – including any interviewing (even with friends and family), opinion polling, or unobtrusive observation – must have the approval of the [Conjoint Faculties Research Ethics Board](#) or the [Conjoint Health Research Ethics Board](#).

In completing course requirements, students must not undertake any human subjects research without discussing their plans with the instructor, to determine if ethics approval is required. Some courses will include assignments that involve conducting research with human participants; in these cases, the instructor will have applied for and received ethics approval for the course assignment.

### Academic Misconduct

For information on academic misconduct and its consequences, please refer to the [Integrity and Conduct](#) section in the University of Calgary Calendar.

### Instructor Intellectual Property

Course materials created by professor(s) (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

### **Copyright Legislation**

All students who use materials protected by copyright are expected to comply with the University of Calgary policy on [Acceptable Use of Material Protected by Copyright](#) and requirements of the [Copyright Act](#) to ensure they are aware of the consequences of unauthorised sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the [Non-Academic Misconduct Policy](#).

### **Freedom of Information and Protection of Privacy**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. [Private information](#) related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.

### **Sexual and Gender-Based Violence Policy**

The University recognizes that all members of the University Community should be able to learn, work, teach and live in an environment where they are free from harassment, discrimination, and violence. The University of Calgary's [Sexual and Gender-based Violence Policy](#) guides us in how we respond to incidents of sexual violence, including supports available to those who have experienced or witnessed sexual violence, or those who are alleged to have committed sexual violence. It provides clear response procedures and timelines, defines complex concepts, and addresses incidents that occur off-campus in certain circumstances.

### **Other Important Information**

Please visit the [Registrar's website](#) for additional important information on the following:

- Wellness and Mental Health Resources
- Student Success
- Student Ombuds Office
- Student Union (SU) Information
- Graduate Students' Association (GSA) Information
- Emergency Evacuation/ Assembly Points
- Safewalk

